

DataVision

metro

SMS AUDIO™

MEET & GREET WITH
50 CENT

AUTOGRAPHS + HEADPHONES + PHOTO OPS
WED. DECEMBER 9 • 1-3PM



PURCHASE ANY
SMS AUDIO HEADPHONES
AND GET A COPY OF THE
BRAND NEW MIXTAPE
THE KANAN TAPE
AND A VIP
MEET & GREET

SMS-BT-SPK-BLK



SYNC by 50
Wireless Portable Speaker

SAVE
\$130

\$69

SMS-EB-SPRT-BLU



Sport Wired
In-Ear Headphones

SAVE
\$20

\$59

SMS-BTWS-SPRT-BLK



Street by 50
Sport Wireless On-Ear
Headphones

SAVE
\$50

\$179



SMS-EB-BIOSPRT-BLK



BioSport
In-Ear Wired Ear Buds
With Heart Monitor

SAVE
\$50

\$99

50 W. 23rd St. • 1-888-888-2087 • DataVision.com  @DataVisionNYC
M-F 9am-8pm, Sat 10am-8pm, Sun 10am-7pm  DataVisionNYC



50 W. 23rd St. • 1-888-888-2087 • DataVision.com • M-F 9am-8pm, Sat 10am-8pm, Sun 10am-7pm



MEET & GREET WITH
50 CENT WED. DEC. 9
1-3PM
AUTOGRAPHS + HEADPHONES + PHOTO OPS

hp HOLIDAY EVENT!

SAVE UP TO \$100 INSTANTLY ON ALL INTEL™-BASED 2-IN-1 TABLET/NOTEBOOKS!

<p>Envy x360 15-u410nr 15.6" Touch Convertible Laptop Intel® Core™ i5-6200U 2.6GHz Processor 8GB RAM 1TB HDD 15.6" Multi-Touch Screen 360-degree hinge for ultimate flexibility Windows 10</p> <p>SAVE \$70 \$729 \$129/week</p>	<p>Pavilion x360 13-s120nr 13.3" Convertible Laptop Intel® Core™ i3-6100U Processor 2.30 GHz 4GB RAM + 8GB HDD 13.3" Multi-Touch Screen 360-degree hinge for ultimate flexibility Windows 10</p> <p>SAVE \$30 \$499 \$50/week</p>	<p>Stream X360 11-P010NR 11.6" Laptop Horizon Blue 1.6GHz Intel Celeron N3050 2.16 GHz Processor 4GB RAM + 32GB SSD 11.6" Screen Windows 10 (free upgrade to Windows 11)</p> <p>SAVE \$50 \$229 \$19/week</p>	<p>Pavilion 15-ak010nr 15.6" Gaming Laptop 8th generation Intel® Core™ i7-8700G 2.8GHz Quad Core Processor 8GB RAM + 1TB HDD NVIDIA GeForce® GTX 1050Ti 4GB GDDR5 15.6" Display Windows 10</p> <p>SAVE \$50 \$999 \$132/week</p>
---	--	--	---

<p>Star Wars Special Edition 15-an050nr 15.6" Laptop Intel® Core™ i5-6200U 2.6GHz Processor 8GB RAM + 1TB HDD 15.6" Display Intel® HD Graphics 520 802.11ac Windows 10</p> <p>SAVE \$50 \$699 \$129/week</p>	<p>Envy 17-s010nr 17.3" Touch Laptop Intel® Core™ i7-6600U Dual-core 2.6GHz processor 16GB RAM + 1TB HDD 17.3" Touch Display Windows 10</p> <p>SAVE \$100 \$1029 \$129/week</p>	<p>Envy 15-q420nr 15.6" Touch Laptop Intel® Core™ i7-6700HQ 2.6GHz Quad Core Processor 8GB RAM + 1TB HDD 15.6" Touch Display Windows 10</p> <p>SAVE \$100 \$899 \$129/week</p>	<p>Envy 13-d010nr 13.3" Laptop Intel® Core™ i5th generation i5-6200U 2.6GHz Processor 8GB RAM + 128GB SSD 13.3" Display Intel® HD Graphics 520 Windows 10</p> <p>SAVE \$50 \$849 \$129/week</p>
---	--	---	--

<p>ENVY 750-120 Desktop Intel® Core™ i7-6700 Processor 16GB RAM 1TB Hard Drive Windows 10</p> <p>SAVE \$100 \$799 \$131/week</p>	<p>Slimline 410-010 Desktop Intel® Core™ i3-6100 3.7 GHz Processor 8GB RAM 1TB Hard Drive Windows 10</p> <p>SAVE \$20 \$429 \$131/week</p>	<p>Pavilion 550-150 Desktop Intel® Core™ i5-6400 3.2 GHz Processor 8GB RAM 1TB 7200 RPM HDD Windows 10</p> <p>SAVE \$50 \$499 \$120/week</p>	<p>Pavilion Mini 300-230 Desktop Intel® Core™ i3-6005U 2.0 GHz Processor 4GB RAM + 1TB HDD Windows 10</p> <p>SAVE \$30 \$449 \$120/week</p>
---	---	---	--

<p>Envy 4520 Wireless Color Photo Printer All-in-One Printer Up to 5.5 ppm black • Up to 5.5 ppm color Up to 1200 dpi color resolution 25 to 400% copy reduction/enlargement Print hardware: 4 x 6 inches photos and documents up to 8.5 x 11 inches</p> <p>SAVE \$20 \$79 \$129/week</p>	<p>Envy 5540 Wireless Color Photo Printer All-in-One Printer Up to 12 ppm black • Up to 8 ppm color Up to 1200 dpi color resolution Print hardware: 4 x 6 inches photos and documents up to 8.5 x 11 inches Print from your smartphone or tablet</p> <p>SAVE \$40 \$89 \$129/week</p>	<p>Envy 5660 Wireless Color Photo Printer All-in-One Printer Up to 14 ppm black • Up to 14 ppm color Up to 1200 dpi color resolution Print hardware: 4 x 6 inches photos and documents up to 8.5 x 11 inches Automatic two-sided printing</p> <p>SAVE \$70 \$79 \$129/week</p>	<p>Envy 7640 Wireless All-in-One Printer Up to 14 ppm black • Up to 8 ppm color Up to 1200 dpi color resolution Print hardware: 4 x 6 inches photos and documents up to 8.5 x 11 inches Automatic two-sided printing 25 page automatic document feeder</p> <p>SAVE \$70 \$129 \$129/week</p>
--	--	---	---

FlexShopper No cash? Bad credit? No Problem!

*This is an estimated weekly payment, rounded to the nearest dollar for the merchandise shown if you were to acquire ownership after making 52 weekly payments. The actual weekly payment may vary depending on your spending limit and how much you spend; the actual weekly payment will be in your lease. Ownership is optional and you may purchase or return the merchandise at any time after the initial payment has been paid. The minimum lease period has been met and provided proper notice is given to FlexShopper as per your lease. See your lease for more information regarding ownership and minimum term. City of New York Department of Consumer Affairs license numbers: 093720470028357/0928356, 12/8/2015

metro

NEW YORK CITY NO. 1 FREE DAILY IN THE U.S.
Tuesday, December 8, 2015 metro.us | t: MetroNewYork | f: MetroNewYork

INSIDE THE GROWTH OF MLS

A look at how far the league has come in 20 years. 27

Rite Aid: No prescription for anti-OD drug. 10

When a green juice becomes unhealthy. 25

Invisalign

Awarded Top Dentist & Elite Provider
of Invisalign 10 Years in a Row

Dentists that completed more cases successfully than anyone in NYC

\$99 per month

Invisalign[®]
Treatment
(w/ 0% financing)

Call 212-683-2530

www.manhattandentalspa.com

HERE COME THE ANGELS

We go behind the scenes of the
most anticipated show of the
year, as Victoria's Secret returns
to the Big Apple. 22-23

GETTY IMAGES

CRIMINAL JUSTICE

New Associate in Science program
in Criminal Justice is now available

For information call **1-855-338-6876**

Discover our array of offerings at NYSCAS.TOURO.EDU

Tours to an equal opportunity institution. For Touro's complete Non-Discrimination Statement, please visit www.touro.edu

NYSCAS TOURO COLLEGE
NEW YORK SCHOOL OF CAREER AND APPLIED STUDIES
apply online at apply.touro.edu

GUN CONTROL VICTORY

1 The Supreme Court rejected a challenge by gun rights activists to a Chicago suburb's ordinance banning assault weapons and large-capacity magazines, handing a victory to gun control advocates amid a fierce debate over the nation's firearms laws. The 2013 ordinance passed by the city of Highland Park, Illinois, will remain in place. **REUTERS**



TRUMP'S MUSLIM BAN

2 Republican presidential front-runner Donald Trump on Monday called for a ban on Muslims entering the United States in the most dramatic response by a candidate yet to a shooting spree last week by two Muslims who the FBI said were radicalized. Trump's "statement on preventing Muslim immigration" drew fierce criticism from some of his rivals for the 2016 Republican presidential nomination, all of whom have been searching for ways to knock him out of the lead. **REUTERS**

NO NATO GROUND TROOPS

3 NATO has ruled out sending ground troops to fight against Islamic State militants in Syria, NATO General Secretary Jens Stoltenberg told a Swiss newspaper, stressing the need to bolster local forces in the conflict. "That is not on the agenda of the coalition and the NATO allies," he told the Tages-Anzeiger paper. **REUTERS**



74TH ANNIVERSARY OF PEARL HARBOR

7 Survivors of the attack on Pearl Harbor throw a wreath into the Hudson River from the fan tail of the Intrepid Sea, Air and Space Museum on Monday in New York City. Yesterday marked the 74th anniversary of Japan's attack on the United States fleet stationed at Pearl Harbor, Hawaii.

7 THINGS YOU NEED TO KNOW

ALL PHOTOS BY GETTY IMAGES

TERRORISM ALERT SYSTEM

4 Homeland Security Secretary Jeh Johnson said on Monday that he would soon announce changes to the national alert system to warn the public about terrorism risks. The changes come amid fresh concerns about terrorism in the United States. The National Terrorism Advisory System is triggered by specific, credible information on a possible threat. **REUTERS**



MENORAH VANDALIZED

5 Police are investigating whether a menorah that was apparently vandalized two nights in a row at an Upper East Side Park was the result of a hate crime. The menorah, set up at Carl Schurz Park, first suffered minor damage on Saturday night, according to Chabad.org, which added that a passerby apparently picked up the menorah shortly afterward. The following evening, authorities believe it was knocked over again and was more severely damaged. **CRISTABELLE TUMOLA**

CONEY ISLAND RAPE

6 A man raped and robbed a woman in a Coney Island building at gunpoint before robbing a second woman an hour later, police said. A 20-year-old woman was grabbed from behind and pulled into a stairwell where he raped her and removed her cash and keys before fleeing down the stairs. **CRISTABELLE TUMOLA**





DataVision

50 W. 23rd St. • 1-888-888-2087 • DataVision.com
M-F 9am-8pm, Sat 10am-8pm, Sun 10am-7pm

BLACK FRIDAY SPECIALS EXTENDED UNTIL DEC. 24

DON'T MISS OUT ON THESE TOP HOLIDAY GIFTS!

acer Windows 10

Aspire Switch 10
SW3-013-1566
2-in-1 Laptop

Intel® Atom™ Quad-Core Processor Z3735P 1.33GHz
4GB RAM • 32GB Storage
Windows 10 • 10.1" Display
MicroSD memory slot up to 128GB

SAVE \$100

\$199

\$16/week

SAMSUNG

UN32J4000

32" Backlit LED TV
HD 1366 x 768 LED Panel
Motion Plus 60 Technology
Wide Color Enhancer
Connect with More
2 HDMI, 1 USB, 1 Component Video
DTS Digital Sound
Dual 5W Speakers

SAVE \$140

\$199

\$16/week

sphero

BB-8™ App-Enabled Droid™

Authentic Movement: Guide your BB-8 with a smartphone or tablet. BB-8 recognizes and reacts to your voice.
Record and view virtual, body graphics videos with BB-8.
Your BB-8 this unique attitude and robotic motion as you interact.

TAR WARS

\$149

Apple Authorized Reseller

11.6" MacBook Air®

11.6" (28.1cm) Dual-Core Intel® Core™ i5 • 4GB (12GB) • 128GB Flash Storage
11.6" LED-Backlit Retina Display Graphics 8000
i5 X Mac OS

SAVE \$50

\$849

\$33/week

acer Windows 10

Aspire E5-573-52US
15.6" Notebook

Intel® Core™ i5-5200U Processor 2.20GHz
8GB RAM • 1TB HDD
Windows 10
15.6" Display • Intel® HD Graphics

SAVE \$150

\$429

\$37/week

SAMSUNG

UN55JU6400

55" 4K Ultra HD Smart LED HDTV
Smart LED HDTV
3 HDMI 2.0 ports
4K Ultra HD
Includes Standard Remote Control

SAVE \$800

\$799

\$102/week

SWAGWAY

Swagway Personal Transport

Four wheel self-balancing scooter with remote control.
Perfect for urban commutes.
Rides up to 10 miles per hour.
One charge will last for over 100 miles.

\$399

\$18/week

Apple Authorized Reseller

13.3" MacBook Air®

13.3" (33.8cm) Dual-Core Intel® Core™ i5 • 4GB (12GB) • 128GB Flash Storage
13.3" LED-Backlit Retina Display Graphics 8000
i5 X Mac OS

SAVE \$50

\$949

\$37/week

TOSHIBA Windows 10

Satellite L75-C7234
17.3" Laptop

Intel® Core™ i5-5200U 2.2 GHz Processor
17.3" Screen
8GB RAM • 1TB HDD
Windows 10

SAVE \$50

\$649

\$25/week

SAMSUNG

UN40J5200

40" 1080p Smart LED TV
Refresh Rate: 6000Hz
2 HDMI 1.4 ports
Built-in Wi-Fi
Includes Standard Remote Control

SAVE \$150

\$349

\$15/week

Canon

EOS Rebel T5 Digital SLR Camera Bundle

18MP APS-C CMOS sensor with DIGIC 6 image processor
15 fps continuous shooting (AF-ON)
18MP APS-C CMOS sensor with DIGIC 6 image processor
15 fps continuous shooting (AF-ON)
18MP APS-C CMOS sensor with DIGIC 6 image processor
15 fps continuous shooting (AF-ON)

SAVE \$450

\$449

\$16/week

Apple Authorized Reseller

12" MacBook® Gold

12" (30.5cm) Dual-Core Intel® Core™ i5 • 8GB (16GB) • 128GB Flash Storage
12" LED-Backlit Retina Display Graphics 8000
i5 X Mac OS

SAVE \$100

\$1199

\$47/week

acer

Iconia One 8 B1-810-11QT 8" HD Tablet

Intel® Atom™ Z3735G Quad-Core Processor (1.33 GHz)
16GB Flash Memory
1GB RAM Memory
Android 4.4 KitKat
Backlit or White Available

SAVE \$110

\$89

\$9/week

Roku

Roku 2 Streaming Player

Over 2,000 Entertainment Channels
Outputs 1080p HD & 1080p Full HD Video
Dual-Band Wi-Fi & Ethernet Connectivity
Screen Mirroring & Tablet Mirroring Support

SAVE \$10

\$59

\$12/week

GoPro

HERO4 SILVER Moto Bundle

GoPro HERO4 Silver Camera with built-in Touch Display
Rechargeable Li-ion Battery
GoPro + Touch Display
GoPro + Touch Display
GoPro + Touch Display

SAVE \$30

\$369

\$18/week

Apple Authorized Reseller

MacBook Pro® 13.3" Retina®

13.3" (33.8cm) Dual-Core Intel® Core™ i5 • 8GB (16GB) • 128GB Flash Storage
13.3" LED-Backlit Retina Display Graphics 8000
i5 X Mac OS

SAVE \$100

\$1199

\$47/week

ZEK

FIRST 500 CUSTOMERS! TBDG1073B 10" Android™ 4.1 Tablet

4.1" (10.4cm) 1080p resolution
1GB RAM 16GB Storage
Android 4.1 KitKat
Backlit or White Available

SAVE \$160

\$39

\$1/week

dyson

V6 Trigger Handheld Vacuum

4 times faster suction power than any other handheld in class
Powering the Dyson digital motor V6 up to 10 times than conventional motors
2 Tier Fluffy Cyclones - 12 cyclones, arranged in two tiers, work in parallel to increase airflow and capture fine dust

SAVE \$15

\$185

\$18/week

SAVE UP TO 40% ON ALL BEATS HEADPHONES

beats by dr. Dre

PowerBeats 2 Wireless In-Ear Headphones

IPX4 sweat & water resistant
Call & other functions
Lightweight and compact

SAVE \$70

\$129⁹⁵

\$12/week

Apple Authorized Reseller

21.5" iMac®

21.5" (54.6cm) Dual-Core Intel® Core™ i5 • 8GB (16GB) • 1TB (5400 rpm) Hard Drive
21.5" LED-Backlit Retina Display Graphics 8000
i5 X Mac OS

SAVE \$100

\$999

\$39/week

FlexShopper

Make the friends you love

No cash? Bad credit? No Problem!

*This is an estimated weekly payment, rounded to the nearest dollar for the merchandise shown if you were to acquire ownership after making 52 weekly payments. The actual weekly payment may vary depending on your spending limit and how much you spend. The actual weekly payment will be in your lease. Ownership is optional and you may purchase or return the merchandise at any time after the initial payment has been paid. The minimum lease period has been met and provided proper notice is given to FlexShopper as per your lease. See your lease for more information regarding ownership and minimum term. TM and © 2015 Apple Inc. All rights reserved. City of New York Department of Consumer Affairs License Numbers 09372340326257/0926356.

Fines, jail for stiffing freelancers: Bill

The legislation introduced Monday is hailed as the first of its kind nationwide to protect independent contractors.



CHESTER SORIA
@chestersoria
chester.soria@metro.us

Art director and illustrator Lucy Reading-Ikkanda said it took six months to get paid the \$17,500 one of her contract employers owed her for work she already did.

"If I had not invested those many hours chasing down payment, who knows how long I would have waited for that check," she said.

Reading-Ikkanda is one of an estimated 1.3 million freelance workers across the five boroughs who may be afforded equal protections to secure money owed to

them under a new law introduced by the city council on Monday.

Hailed as the first of its kind in the country, the bill would require that any company seeking to hire a contract worker follow through with a contract that describes the job, the pay, when it's due and how it will be submitted. Employers who fail to keep their contract will be reported to the city's Department of Consumer Affairs, which could penalize violators with up to \$5,000 in fines. Criminal charges could even include up to three months in jail.

"Companies know that there are immediate, serious and costly repercussions for failing to pay the electric company on time," Reading-Ikkanda said. "There are no such repercussions for failing to pay their contractors on time."

In order to be eligible under the proposed law, a freelance worker must



Brad Lander PROVIDED

be hired or retained as an independent contractor to provide services valued at at least \$200. That doesn't include certain sales representatives or attorneys.

The law introduced Monday would also exclude any level of government from having to comply with the law — including the city or any other local government

and counties.

The Department of Citywide Administrative Services, which besides management of public properties and citywide equipment, oversees recruitment of more than 150 contracts for a range of services.

Asked about why the city was protected under the current language in

the bill, one of the bill's chief sponsors, Brooklyn Councilman Brad Lander, told reporters he would investigate.

"I have to look into that," he said. "We have to make sure the city isn't stiffing its freelancers."

Lander said that his office had not yet heard of any pushback by business community leaders or companies against the bill, though the conversation will start in earnest now that the bill has been introduced.

"Employers realize that this is an important group to keep in New York," said Sara Horowitz, director of the Freelancers Union, the Brooklyn-based group that helped launch a sustained campaign to bring the bill about.

"A good and well-run company doesn't have to stiff workers to turn a profit."

Horowitz

"A good and well-run company doesn't have to stiff workers to turn a profit," she added.

The Freelancers Union estimated that workers working under contract lose some \$6,390 in unpaid

work every year, which Brooklyn Councilwoman Laurie Cumbo said is a hard reality for New Yorkers working in the so-called "gig economy."

"Our freelancers are what make New York City cool. They are the creative and economic workforce that makes New York where everybody wants to be," Cumbo said. "We have to make sure they can afford to pay their rent, that they have health care and ultimately that they can raise a family."

Beautifully Red. Brilliantly Original.

Unwrap gorgeous this season.



RED DOOR SPA
Elizabeth Arden

Holiday gifting available in spa or online.

MANHATTAN . LONG ISLAND . WESTCHESTER . 866 RED DOOR





YOUR NUMBER TO CALL FOR HARDWORKING HEALTH INSURANCE: 1-844-519-5775



Get a 5-star health
insurance plan in NYC & LI*

Healthfirst provides plans with benefits such as:

- **NEW:** \$0 copay for 2 sick visits
- **NEW:** Prescriptions as low as \$3
- Coverage for dental and vision care for all ages
- A large network of doctors, specialists, and hospitals
- \$0 copay for recommended preventive care visits

You may qualify for financial assistance or for our
NEW Essential Plans with \$0 premium and \$0 deductible.

Call 1-844-519-5775

Monday - Saturday, 8am - 8pm, during Open Enrollment

Or visit NYHealthfirst.org



Don't wait!

The deadline to enroll
is Dec. 15, 2015**

 **healthfirst**
Health Insurance for New Yorkers

Plans are offered by affiliates of Healthfirst, Inc. Plans include exclusions and limitations. Benefits vary per your Healthfirst plan.
*2015 Quality Rating by NY State of Health, the official health plan marketplace. Based on indicators chosen by the New York State Department of Health and published in its 2014 publication, A Consumer's Guide to Medicaid Managed Care in NYC and on Long Island.
** For coverage effective January 1, 2016. GHP15-124, NYCPO0459.

Help Metro make magic

Please donate to the Metro Magic annual holiday toy drive during the 2015 holiday season.

In keeping with the holiday spirit of giving, Metro is once again launching Tony's Metro Magic, our annual toy drive for underprivileged children in Boston, New York and Philadelphia.

This year marks the seventh

anniversary of the toy drive, which was renamed in memory of the man who oversaw the project for more than four years, Tony Metcalf, Metro's longest-running editor-in-chief. Metcalf passed away in 2013 from colon cancer at the age of 50.

Metcalf lit up every year as he saw the faces of children unwrap their holiday gifts. It

is our goal to keep that magic alive. We are now asking readers to contribute what they can to Tony's Metro Magic.

Metro has created a wish list at the Target website that readers can access by going to www.metro.us and clicking on the Tony's Metro Magic logo.

From there, just choose the toys you wish to donate, pay online using Target's

secure payment system. Your gifts, along with your name attached, will be delivered to Metro's offices in each city.

This season we hope you will remember the children who will spend the holidays in shelters or who may not have gifts to open. Even one small gift can make a big difference in a child's holiday season.

METRO



Christian the rabbit PROVIDED

Seized Bklyn rabbits up for adoption

Fifty of the rabbits seized from a hoarder in Gowanus are up for adoption on Saturday.



TRACY LEE
@MetroNewYork
letters@metro.us

Rabbits rescued and nursed back to health from the home of an accused Brooklyn hoarder almost a year ago will be up for adoption on Saturday.

Fifty of the 180 seized rabbits can be adopted for a fee of \$25 in an event hosted by the ASPCA and NYPD at the Central Park Zoo entrance and Union Square.

Seized last January over two different days — including during a blizzard — at the home of Dorota Trec in Gowanus, the rabbits were “living in squalid conditions,” according to the ASPCA.

Trec, who was charged with animal neglect, allegedly kept the rabbits in overcrowded conditions. None were spayed or neutered and many suffered

from illnesses and malnutrition, according to ASPCA, which examined the rabbits.

Trec's trial is scheduled tentatively for next month and she faces up to a year in jail if convicted, according to the Brooklyn district attorney's office.

The rabbits have been under the care of St. Hubert's Animal Welfare Center in Madison, New Jersey, as well as at the Ani-Care Animal Hospital in Dallas-town, Pennsylvania.

Many since then have had litters and, according to ASPCA, 150 rabbits went to Ani-Care Animal Hospital, while 77 went to St. Hubert's.

“These rabbits have demonstrated an incredible level of resilience and are more than ready for the comforts of a permanent home,” said Howard Lawrence, vice president of the ASPCA Anti-Cruelty Group.

The adoption fee also includes a cage and water bottle with each rabbit. The rabbits have been spayed and neutered. Interested adopters should bring a photo ID and proof of residence.

“These rabbits have demonstrated an incredible level of resilience and are more than ready for the comforts of a permanent home.”

Lawrence

NOW is the time to take care of YOUR BODY!

<input checked="" type="checkbox"/> Varicose Veins	<input checked="" type="checkbox"/> Heaviness
<input checked="" type="checkbox"/> Leg Ulcers	<input checked="" type="checkbox"/> Swelling
<input checked="" type="checkbox"/> Spider Veins	<input checked="" type="checkbox"/> Itching
<input checked="" type="checkbox"/> Pain/Burning	<input checked="" type="checkbox"/> Fatigue
<input checked="" type="checkbox"/> Restlessness	<input checked="" type="checkbox"/> Cramping

Frustrated with previous treatments, services and poor results?
Trust the doctor that cares about you!

- Personal & discrete care delivered directly Ronald Lev, MD
- No downtime
- Certified by the American Board of Venous and Lymphatic Medicine and the American Board of Anesthesiology
- 15 minute minimally invasive procedures
- Consistently ranked #1 Vein Doctor in NYC by our patients

Tired of long diets, juice cleanses & lotions?
Smart Lipo Laser Body Countouring
GET RID OF...

- Body Fat
- Sagging Arms
- Double Chin
- Cellulite & more

ADVANCED VARICOSE VEIN TREATMENTS OF MANHATTAN
TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM

212.204.6501

111 John St, Ste 1450 (bet Cliff & Pearl St), New York, NY 10038

Most Vein Treatments Covered by Major Health Insurances including Medicare

EVENING APPOINTMENTS AVAILABLE!
(Habla en Español)

Exclusive Urban Blue Watch
 Limited to the first 1900
 responders to this ad only!

**CLIENTS LOVE THE
 STAUER WATCH...**



*"The quality of their
 watches is equal to many
 that can go for ten times the
 price or more."*

— Jeff from McKinney, TX

It's Enough to Make You Blue in the Face

**Time to take a stand against overpriced watches with the Stauer Urban Blue. AND, get a
 FREE pair of Flyboy Optics® Sunglasses as our gift to you!**

You need a new watch... the one you are wearing was made when Nixon was in office, but extravagantly-priced watches that add zeros just because of a high falootin' name are an insult to your logic. Why shell out big money so some foreign company can sponsor another yacht race? It's time to put an end to such madness. It's absolutely possible to have the highest quality, precision classic timepiece without the high and mighty price tag. Case in point: The Stauer *Urban Blue*.

Packed with high-end watch performance and style, minus the high-end price tag. It's everything a high-end watch should be: Sturdy stainless steel and genuine leather construction. Precision timing that's accurate to four seconds a day—that's more precise than a 27-jewel automatic watch priced at over \$6,000. And,

good looking—with simple, clean lines and a striking metallic blue face.

"Blue watches are one of the growing style trends seen in the watch world in the past few years"—WATCHTIME®, Sept. 2015

Your great escape from the overpriced watch craze. At Stauer, we go directly to the source (cutting out the middleman), and engineer our own watch designs. This means we can offer a top quality timepiece that happens to only cost the same as two well-made cocktails at your favorite bar.

So, while we're busy revolutionizing the watch industry to bring you more real value, you can take your own stand against overpriced watches with the *Urban Blue*. We'll even throw in a pair of Flyboy Optics® Sunglasses (a \$99 value) to show how much value you can still get for your dollar.

Your satisfaction is 100% guaranteed. Wear the *Urban Blue* for 60 days. If you're not convinced that you achieved excellence for less, send it back for a refund of the sale price. You can even keep the \$99 sunglasses, no hard feelings.

The *Urban Blue* is one of our fastest sellers. It takes six months to engineer this watch so don't wait. Take a stand against overpriced watches in impeccable style. Call today!

Stauer Urban Blue Watch ~~\$199~~†

Offer Code Price **\$49** + S&P **Save \$150**

1-800-333-2045

Your Insider Offer Code: UBW118-01

You must use this insider offer code to get our special price.

Stauer®

14101 Southcross Drive W.,
 Dept. UBW118-01
 Burnsville, Minnesota 55337
 www.stauer.com

**ACCREDITED
 BUSINESS**
Rating of A+



† Special price only for customers using the offer code versus the price on Stauer.com without your offer code.

Precision movement • Stainless steel caseback and crown • Cotswold™ mineral crystal • Date window
 • Water resistant to 3 ATM • Genuine leather band fits wrists 6 3/4"–8 3/4"

Stauer. A Different Tale to Tell.



Genetic tests available over the counter again

But should you take one?



EVA KIS
@thisiskis
eva.kis@metro.us



This is not your destiny. ISTOCK

Google-backed genetic testing firm 23andMe won FDA approval for its at-home kits in October, but it wasn't until late last Friday that New York's Department of Health cleared it for sale without a doctor's involvement.

Though the original test marketed by 23andMe covered 254 potential health issues, it had to narrow its claims to 36 hereditary diseases to gain the FDA's blessing.

The new test, which costs \$200, also covers three other categories of information such as ancestry, traits such as the likelihood of baldness and lactose intolerance, and general wellness information like muscle type and caffeine sensitivity.

But unless it turns out your father is not the man you call Dad, there aren't likely to be any surprises.

"If you wanted to spend money on something — say, \$200 for a gene test — spend \$200 to join a fitness club," recommends Dr. Arthur L. Caplan, a professor in NYU Langone Medical Center's Division of Medical Ethics.

Unless you're having a baby, have family history of a specific disease or are receiving treatment for cancer, which has begun including genetic typing of tumors, there's a rea-

son genetic testing is not a routine part of medical treatment — yet. Caplan describes genetic test results as a "fire hose" of information, most of which medicine hasn't decoded.

Not to mention "many of the things that they might find you at risk of getting, all you need to do is change your lifestyle — because that's about all we know how to tell you to do."

Knowing can also have its pitfalls, making it harder to buy disability or life insurance, which is not covered by the Affordable Care Act's preexisting condition mandate.

"Americans are too obese, they drink too much, they don't wear their seatbelts, they engage in risky sex — these are all things you can control without a genetic test," Caplan points out. "The big risk factors are environmental or behavioral, they're not genetic."



Michael Chernow ('08 grad), founder of The Meatball Shop and Seamore's in NYC

DON'T QUIT YOUR DAY JOB (YET)

The Culinary Entrepreneurship program at ICC teaches you how to launch and scale a food business, with the payoff of a business plan in weeks.

Faculty includes world-class institutions such as Babson College, Cornell University, Union Square Hospitality Group, Blue Hill at Stone Barns and more.

Blending six in-person Saturday sessions with online projects, the course spans concept, finance and operations to real estate, marketing and social media.

Open House

Thursday, December 17
6:30PM-7:30PM

RSVP to culinarycenter.com/openhouse
or call **888-324-2433** to learn more.

Keep your "day job" while planning your dream job.



INTERNATIONAL
CULINARY CENTER

462 Broadway, Soho, New York City

Apple Bank **BONUS** Savings Account: Great Rate **and** a Bonus on Each 1-Year Anniversary!

BONUS Savings Account

0.75% APY*
\$25,000 minimum to earn stated rate

PLUS

BONUS**

0.25%
On each 1-year anniversary of account opening

Visit one of our conveniently located branches today!



www.applebank.com • 914-902-2775

*For the Apple Bank BONUS Savings account, interest earned on daily balances of \$2,500 or more at these tiers: \$2,500-\$24,999: .10% Annual Percentage Yield (APY), \$25,000 and up: .75% APY. There is no interest paid on balances of \$0-\$2,499. APYs disclosed effective as of January 6, 2015. APYs may be changed at any time at the Bank's discretion. There is a minimum of \$2,500 required to open the Apple Bank BONUS Savings account. \$2,500 minimum daily balance is required to avoid \$10 monthly maintenance fee. Fees may reduce earnings. Funds used to open this account cannot be from an existing Apple Bank account. Maximum deposit amount is \$1,000,000 per household. **Special bonus feature: A .25% simple interest rate bonus will be paid on each anniversary date of account opening on the lowest balance for that year (anniversary date to anniversary date). No bonus is paid if the account balance is less than \$2,500 on the anniversary date. Additional deposits during a given anniversary period do not affect the bonus interest payment. Deposits made to the account on any anniversary date will be used to calculate the lowest account balance for the next anniversary period. The bonus interest is calculated on the lowest balance on deposit from one anniversary date to the next anniversary date. Simple interest rate bonus is subject to change at any time after first anniversary date of account opening. **Hypothetical example of how bonus works:** Assume an account is opened on January 12, 2015 for \$50,000. A \$10,000 withdrawal is made on July 12, 2015. No other withdrawals are made prior to the January 12, 2016 anniversary date. The low balance is now \$40,000, so \$100 in bonus interest will be paid on January 12, 2016.



**Shocking
Introductory Price!
\$17.95
each**

Actual size
is 40.6 mm

Advance Release:

Order Your New U.S. 2016 Silver Dollars Now!

Millions of people collect the American Eagle Silver Dollar. In fact it's been the country's most popular Silver Dollar for thirty years. Try as they might, that makes it a very hard "secret" to keep quiet. And right now, many of those same people are lining up to secure the brand new 2016 U.S. Eagle Silver Dollars — placing their advance orders now to ensure that they get America's newest Silver Dollar just as soon as the coins are released by the U.S. Mint in January. Today, you can graduate to the front of that line by reserving your very own 2016 American Eagle Silver Dollars — in stunning Brilliant Uncirculated condition — before millions of others beat you to it.

America's Brand New Silver Dollar

This is a strictly limited advance release on the 30th anniversary of one of the most beautiful silver coins in the world. Today you have the opportunity to secure these massive, hefty one full Troy ounce U.S. Silver Dollars in Brilliant Uncirculated (BU) condition. The 100-year-old design features a walking Lady Liberty draped in a U.S. flag on one side and a majestic U.S. Eagle and shield on the other.

The Most Affordable Precious Metal— GOVERNMENT GUARANTEED

Silver is by far the most affordable of all precious metals — and each full Troy ounce American Eagle Silver Dollar is government-guaranteed for its 99.9% purity, authenticity, and legal tender status.

A Coin Flip You Can't Afford to Lose

Why are we pre-releasing the most popular Silver Dollar in America for a remarkably affordable price? We're doing it to introduce you to what hundreds of thousands of smart collectors and satisfied customers have known since 1984 — GovMint.com is the place to find the world's finest coins.

Lock In Your Reservation

By calling today, you can reserve some of the very first brand new Brilliant Uncirculated 2016 American Eagle Silver Dollars. Your reservation and price will be locked in, and your stunning new Silver Dollars will be shipped to you just as soon as the U.S. Mint releases the coins in January.

30-Day Money-Back Guarantee

You must be 100% satisfied with your 2016 American Eagle Silver Dollars or return them within 30 days of receipt for a prompt refund (*less s/h*). Don't miss out on this exclusive advance release. Call immediately to secure these American Eagle Silver Dollars ahead of the crowd.

2016 American Eagle Silver Dollar BU
Shocking Low Price \$17.95 ea. (plus s/h)
LIMIT 10.

Additional 2016 Silver Eagle BU Dollars may be purchased for \$18.95 each. Limited to 50 total coins per household.

FREE SHIPPING on 9 or More!

Limited time only. Product total over \$150 before taxes (if any). Standard domestic shipping only. Not valid on previous purchases.

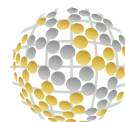
For fastest service, call today toll-free

1-800-969-0686

Offer Code ESB173-05
Please mention this code when you call.

GovMint.com • 14101 Southcross Dr. W. Dept. ESB173-05 • Burnsville, Minnesota 55337

Prices and availability subject to change without notice. Facts and figures deemed accurate as of December 2015. NOTE: GovMint.com® is a private distributor of worldwide government coin and currency issues and privately issued and licensed collectibles, and is not affiliated with the United States government. GovMint.com is not an investment company and does not offer financial advice or sell items as an investment. The collectible coin market is speculative, and coin values may rise or fall over time. All rights reserved. © 2015 GovMint.com.



GOVMINT.COM®

THE BEST SOURCE FOR COINS WORLDWIDE™



SAVE THE DATE

Come and join us!! We are celebrating the launch of CKL for them Inc. NY city's newest company that advocates and defends the Elderly and Home bound person. Our goal is to eliminate adverse experiences provided by unprofessional caregivers. Come and learn more about our mission and services.

CKL provides a sense of peace to our clients and their families.

When: December 9, 2015

Where: Prince George Ballroom
15 East 27th Street, New York, New York 10016

Time: 6-9pm

RSVP: 718-525-1046

This event is catered by Thomas Petri Restaurant

No prescription for overdose drug in NYC

Naloxone will be available at most stores soon.



CHESTER SORIA
@chestersoria
chester.soria@metro.us

As the number of opioid-related deaths in New York City increased by 56 percent in the last five years, pharmacies across the five boroughs will soon offer medication without a prescription to prevent overdoses.

Most of Rite Aid's almost 100 locations will offer the medication known as naloxone — which can be either injected or inhaled nasally — that Health Commissioner Dr. Mary Bassett said can “will save more lives and reduce deaths.”

CVS and other independent pharmacies will offer the medication, widely used to treat hero-



Naloxone GETTY IMAGES

in overdoses, by the end of the month. The city is still in discussions with Duane Reade and Walgreens.

CVS already offers the treatment without prescriptions in 14 states, including New Jersey.

“Deaths due to overdose are completely preventable,” Bassett told reporters in Staten Island on Monday. “In order to recover, you need to stay alive. Naloxone can help you do that.”

There were 797 unintentional overdose deaths in the city in 2014, a slight increase from last year's 788. Some 458 of them involved heroin, and 216

involved opioid analgesics — which include painkillers such as morphine and oxycodone.

Along with increasing access to naloxone, the city is authorized 1,000 providers to offer medication designed to stop opioid cravings and withdrawal symptoms, known as buprenorphine.

Staten Island resident James Brenker, 21, said he survived two overdoses at hospitals with naloxone treatment both times. Clean since 2013, Brenker went on to get his own training on how to administer the drug, training he said he used to save a friend's life.

“If I didn't have the kit right in front of me, the EMS said my friend would have died,” Brenker said.

A statewide effort to equip law as many law enforcement and emergency responders with naloxone launched in 2014.

Feet Hurt? Bunions? Hammertoes? Heel Pain?

Platelet Rich Plasma Therapy (PRP)

A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)

Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful “cramp” in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight— they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly – sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

If any of these apply to you...

Call today.

Patient is responsible for co-pays & deductibles

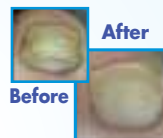
most insurance plans accepted complete family foot care laser surgery available

Relief For Chronic Heel Pain

Now Featuring genesisplus™

New FDA Laser Treatment For Nail Fungus, Scars & Warts

CUTERA



New Treatment For Heel Pain, Shockwave, PRP (platelet rich plasma) as seen on the front page of The New York Times

The Most Advanced Techniques Used For Bunions & Hammertoe Correction

Downtown location

65 Broadway Suite 1103
Financial District
NYC, NY 10006
212-486-7333

Midtown location

121 E. 60th St.
New York City, NY
212-486-7333
Paul Drucker DPM
Jordan Drucker DPM

235 East 22nd Street
(between 2nd and 3rd Ave)
1 212-486-7333
184 east 70th st
212-772-3500

NY settles NYPD whistleblower suit

New York has agreed to pay a police officer more than \$280,000 to settle his lawsuit alleging he was the victim of retaliation for complaining about an illegal arrest quota in his precinct, according to court papers filed on Monday.

Officer Craig Matthews sued the city and its police department in 2012, asserting he was punished for telling his superiors in the Bronx that the quota had led to unjustified street stops and arrests.

The settlement, in which the city did not admit wrongdoing, came 10 months after a U.S. appeals court reinstated the lawsuit.

The 2nd U.S. Circuit Court of Appeals in New York reversed an earlier lower court decision dismissing the case, saying Matthews' comments regarding the alleged quota were protected by the First Amendment guaranteeing freedom of speech.

The lawsuit claimed Matthews, who has been with the force for 17 years, was given punitive assignments, denied overtime and harassed as a result of his whistleblowing.

The claim was filed at a time when the New York City Police Department was under fire for its stop-and-frisk policy, which was eventually deemed an unconstitutional form of racial profiling by a federal judge.

“This settlement completely vindicates Officer Matthews, who had the courage to speak out about illegal police quotas and suffered serious retaliation for having done so,” said Christopher Dunn of the New York Civil Liberties Union, who represented Matthews.

The city's law department did not immediately comment on the agreement.

The deal requires approval from a U.S. judge.

REUTERS

Painful Varicose Veins & Swollen Legs?



Varicose veins are more than a cosmetic problem. They may lead to complications such as Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE), both of which claim up to 300,000 lives a year in the United States.

DO YOU SUFFER FROM

- ☒ Varicose Veins
- ☒ Spider Veins
- ☒ Itching and Burning
- ☒ Leg Pain and Cramps
- ☒ Heaviness and Swelling
- ☒ Skin Discoloration
- ☒ Ulcers and Blood Clots
- ☒ Difficulty Walking Long Distances

You may have a condition called venous insufficiency, which left untreated can lead to serious health complications. Our non-surgical, minimally invasive and painless endovenous procedure only takes 15 minutes.



Have you had prior vein treatment and are not satisfied with the results? USA Vein Clinics can help!

When it comes to your health, trust your legs only to the top vascular specialists at USA Vein Clinics.

Medicare and most insurances accepted! Call us today to schedule your appointment

(917) 717-5135

www.USAVeinClinics.com

**NOW
ACCEPTING
HEALTHFIRST!**

**USA
Vein
Clinics**

New York

1153 First Ave • Manhattan, NY 10065

2511 Ocean Ave, Ste 102 • Brooklyn, NY 11229

2444 86th St, Ste A • Bensonhurst, NY 11214

116-02 Queens Blvd • Forest Hills, NY 11375

1975 Hylan Blvd • Staten Island, NY 10306

NEW 260 W Sunrise Hwy, Ste 102
Valley Stream, NY 11581

NEW 4159 Broadway • Washington Heights, NY 10033

NEW 59-20 Myrtle Ave • Ridgewood, NY 11385

New Jersey

766 Shrewsbury Ave, Ste 300 • Tinton Falls, NJ 07724

FBI says shooters were radicalized for 'some time'

The FBI says the shooters were radicalized but no sign of international plot.

Investigators believe the married couple who massacred 14 people in Southern California last week — the U.S.-born husband and his Pakistani wife — had been radicalized “for some time,” but no evidence has yet emerged of an international plot, the FBI said on Monday.

The latest disclosures in the FBI-led investigation came as San Bernardino County employees began returning to work under tighter security, five days after a co-worker, Syed Rizwan Farook, 28, and his spouse opened fire with assault-style rifles on a holiday gathering of his colleagues.

The couple were killed in a shootout with police several hours after their attack on Wednesday morning in a conference room at the Inland Regional Center social services agency in San Bernardino, about 60 miles east of Los Angeles.

The FBI said last week that authorities are investigating the mass shooting as an “act of terrorism,” noting that Farook’s Pakistani-born wife, Tashfeen Malik, 29, was believed to have



Tashfeen Malik

Syed Rizwan Farook HANDOUT

“I want to be crystal clear here: We do not see any evidence so far of ... an outside-continental-U.S. plot. We may find it some day, we may not. We don’t know.”

Bowdish

pledged allegiance on Facebook to the leader of the militant group Islamic State.

In addition to five firearms recovered by investigators, law enforcement officers also have seized the thousands of rounds of ammunition along with explosives and other materials for making numerous pipe bombs.

Questions have been raised about the extent to which Farook, who was born in Illinois to Pakistani immigrant parents and grew up in Southern California, might have been acting under the influence of Malik, whom he mar-

ried in Saudi Arabia in the summer of 2014 and then returned with to the United States.

But David Bowdish, assistant director of the Federal Bureau of Investigation’s Los Angeles office, said on Monday that investigators believe “both subjects were radicalized and had been for some time.”

He said it remained to be seen whether they were indoctrinated by other individuals or turned to extremist ideology on their own.

He also cast further doubt on whether the couple were part of a larger organization of militants. REUTERS



APPLY NOW 2016 DIRECT ADMISSION

718.260.5500

www.citytech.cuny.edu/directadmission



NEW YORK CITY COLLEGE OF TECHNOLOGY
CITY TECH
www.citytech.cuny.edu
www.facebook.com/citytech
The City University of New York

Can't Sleep? Depressed?

Not Seeing Results from your Antidepressant?

Our office is conducting a research study to study if adding an investigational medication to ongoing antidepressant treatment with an SSRI or SNRI will help relieve symptoms of Depression for adults age 18 to 65.

If eligible for the study program, you could receive evaluation of your depression with our Board Certified physician, study medication, and visits to our private clinic, all at no cost. Please call for more information or a confidential, free screening:

(212) 595-5012
www.MedicalResearchNetwork.com
The Medical Research Network, LLC • 134 E. 93rd Street, New York, NY

**State University of New York
Brooklyn Educational Opportunity Center**

Administered by the New York City College of Technology (CUNY)

Tuition Free Academic and Career Preparation

ACADEMIC AND CAREER PROGRAMS

- Allied Health Programs, Security Guard Training and Hospitality Operations & Management (ServSafe®)
- English for Speakers of Other Languages (ESOL)
- High School Equivalency Preparation (HSE)
- College Preparation

MINIMUM QUALIFICATIONS FOR CONSIDERATION

- High School or HSE Diploma required for career and college prep programs.
- 18 years of age or older
- US Citizen, Permanent Resident or Refugee
- Resident of NY State for one year
- Individuals with 33 college credits or degree are not eligible
- Low to moderate income

WHY CHOOSE BEOC?

- New York City College of Technology approved college preparation program
- New York State 100% BOCES funding
- Free tuition
- Free housing
- Free food and transportation
- Free clothing

INFORMATION SESSION
718-882-3330 or admission@boc.brooklyn.cuny.edu
111 Livingston Street, Brooklyn, NY 11201 (Enter on Boerum Place)
APPLY TODAY
<https://www.boc.brooklyn.cuny.edu>
FOLLOW US:
facebook.com/bocnyhwc
twitter.com/bocnyhwc

How to turn your job experience into college credits

New program lets students get a jump on their degree and save money.

AMY SMITH
Presented by the CUNY
School of Professional
Studies

While weighing the pros and cons of earning a college degree, many working adults are under the misconception that they have to start at the very beginning. What they may not know is that a variety of educational and professional training can actually be applied as credit toward a bachelor's degree.

PLA, or Prior Learning Assessment (also

known as Credit for Prior Learning), allows new or returning students to get a jump on their degree by taking advantage of relevant professional experience or training. While qualification requirements may vary from school to school, the main idea is the same.

PLA works by evaluating everything from direct work experience and professional training to standardized tests and more, opening the door to earning a degree that much faster. Transfer credits from another accredited academic institution may apply, as will relevant military or corporate training.

The operative word here is relevant. These

skills must equate to either a general education course or a course within your major area of study. So, if you're working toward a business degree, then corporate training you received at a prior job may transfer into college credit.

"Having to take every course for every credit made the attainment of the degree especially long and, in some cases, frustrating," says Kathleen Walker, a business student at CUNY's School of Professional Studies. But by going for the PLA option, Walker was able to get credits for a class called Writing at Work through the tasks she did at her job. "This afforded the time



PLA, or Prior Learning Assessment, allows students to get college credits through their job. ISTOCK

and energy to spend on another class, thus fulfilling the curriculum a little faster."

In some cases, students can opt for a Credit by Portfolio Evaluation in which they prepare a collection of work that reflects expertise gained outside of the classroom. Nationally recognized subject-area

exams also apply.

The gist here is that your prior knowledge and experience just might buy you some free college credits. For those of us contemplating finishing a bachelor's degree, this could be a game changer.

"Because of PLA, I will graduate a semester early," says Shantell Hamilton, a student

earning a BA in Communication and Media. "PLA has also given me the confidence that no matter your age or circumstance, you can take your experience and go back to school to achieve your goals."

Not only is Hamilton saving time — she's also saving money by not having to take additional courses.



Center for Continuing Education
and Workforce Development

Start Here. Work Anywhere.



Information Technology

IT continues to be one of the fastest-growing job sectors in the workforce. From programming courses like **Java**, **SQL**, **C++**, **Ruby & Python** to Networking courses like **CCNA** and **CCNP**.

C++ | Intro to SQL | Python Programming Training Dates

January 12, 2016 - February 11, 2016
Tuesday & Thursday, 6pm - 9pm

ICND 1 Networking Training Dates

January 23, 2016 - June 4, 2016
Saturday, 9:30am - 4:30pm



Certified Personal Trainer – NASM

Learn about earning a living as a Personal Fitness Trainer. This unique course covers the foundation in the Science of Fitness, Nutrition, Client Development and Preparation for the NASM Certified Personal Trainer exam.

Training Dates

February 9, 2016 - August 16, 2016
Monday & Wednesday, 6pm - 9pm
Saturday, 10am - 1pm



Basic Spanish for Healthcare Professionals

Learn how to introduce yourself to colleagues, effectively make an appointment, acquire family medical history, and identify parts of the body and terminology.

Training Dates

January 6, 2016 - February 24, 2016
Wednesday, 6pm - 9pm

Register for an Upcoming Information Session at www.bmcc.cuny.edu/ce or call (212) 346-8410.
25 Broadway 8th Floor, NY, NY 10004



Business Management



Classes Start Soon!
Call now for details

(866) 755-5092
mildred-elley.edu

Practical Nurse (LPN)



Classes Start Soon!
Call now for details

(888) 505-2101
mildred-elley.edu

Don't put your future on hold! Start a New Career

High Demand Programs

- ▶ Advanced Paralegal Studies
- ▶ Business Management
- ▶ (LPN) Practical Nursing
- ▶ Massage Therapy
- ▶ Medical Assisting



Learn hands-on from
Professionals with experience!

Get Started on Your New Career Today!

Day, Night & Weekend Classes! 2 Day Scheduling Available!

Classes Start Soon!
Call now for details

(855) 516-7552
mildred-elley.edu



Work with patients & make a difference! Become a Medical Assistant

like our Graduate *Prakai*



Prakai
Medical Assistant
Class of 2014

"I was tired of working the same dead-end job. Mildred Elley changed my life! Financially, I'm no longer struggling."

Classes Start Soon!
Call now for details

(866) 259-8615

mildred-elley.edu



▶ VA & MYCAA Approved, Welcome Veterans! ▶ Day, Night and Weekend Classes! ▶ 2 Day Scheduling Available! | Convenient Campus Location: 25 Broadway, Floor 16 | New York, NY

Mildred Elley career college • Accredited by ACICS, Approved by ACCES-VR, Approved for VA Education Programs Such as GI Bill & MyCAA International Students Welcome • For program details and disclosures including Albany extension site programs visit mildred-elley.edu/disclosures

Put Your College Credits To Work!

Transfer your relevant credits and finish sooner!



- Court Reporting
- Closed Captioning
- Paralegal
- Healthcare Management
- Medical Billing and Coding

ATTEND AN OPEN HOUSE

Today- Dec. 8th 11am & 5:30pm | Sat., Dec. 12th 11am | Wed., Dec. 16th 11am & 5:30pm

SPRING TERM BEGINS JANUARY 11, 2016



**NEW YORK
CAREER
INSTITUTE**

- Day, Evening & Sat. Classes
- Degree & Certificate Programs
- Transfer Credits Accepted
- VA Approved

The College of Legal & Medical Professionals

For Schedule Information, visit Program Details @ nycci.edu

Call **212-962-0002**
www.nycci.edu

11 Park Place, NYC

Located near City Hall and convenient to reach by:

1 2 3 4 5 6 A C E J Z R

Spring Term Registration at New York Career Institute is Now in Progress!

Classes Begin January 11, 2016

Visit an Open House or Schedule a Visit

Today, Tuesday, December 8th 11am and 5:30pm

Saturday, December 12th 11am

Wednesday, December 16th 11am and 5:30pm

If you are looking to upgrade or change your career, there is no better place than New York Career Institute. For 75 years, the college has been a recognized leader in providing a high quality, career focused education. We offer programs in **Court Reporting, Closed Captioning, Paralegal Studies, Health Care Management and Medical Billing and Coding**. Visit www.nycci.edu to learn more about our programs.

NYCI has degree and certificate programs, day, evening and Saturday classes, an experienced and professional faculty and affordable tuition. Most of our students qualify for some type of financial aid to fund their education. **We also provide relevant and meaningful on the job experience with internships in each program that our students utilize to launch their new careers.**

Additionally, those with previous college can transfer relevant credits and may be able to finish sooner.

The college is conveniently located at 11 Park Place, between Broadway and Church in downtown Manhattan and easily accessible by all public transportation.

Applications are now being accepted for our next term. Spring Term starts January 11th. Contact the NYCI Office of Admissions to schedule a visit or to reserve a space at an Open House. For more information call 212 962-0002 or visit www.nycci.edu.

Admissions Office Hours Are:

Monday-Thursday, 9am-7pm

Friday, 9am-2pm

Saturday, 10am-3pm

NYCI...Celebrating 75 years of Excellence in Education.



CONSIDER JOINING NYACK'S CHRISTIAN ACADEMIC COMMUNITY

OPEN HOUSE 6 PM
WEDNESDAY DECEMBER 9

2 WASHINGTON ST • NEW YORK, NY 10004
877-626-2236 • WWW.NYACK.EDU/VISITNYC



ACADEMICALLY EXCELLENT • GLOBALLY ENGAGED • INTENTIONALLY DIVERSE • PERSONALLY TRANSFORMING • SOCIALLY RELEVANT



AMERICAN MUSEUM OF NATURAL HISTORY

Richard Gilder Graduate School**Master of Arts in Teaching**

Change lives. Teach science.

Apply to a fully paid master's degree program in Earth and space science that prepares you to teach in high-need middle and high schools in New York City and New York State.

Learn to teach from experienced education faculty and residency mentors. Study and conduct research alongside renowned Museum scientists.

Apply Today!

You're invited to an open house, or an upcoming webinar, at the Museum. Complete details are available at amnh.org/mat

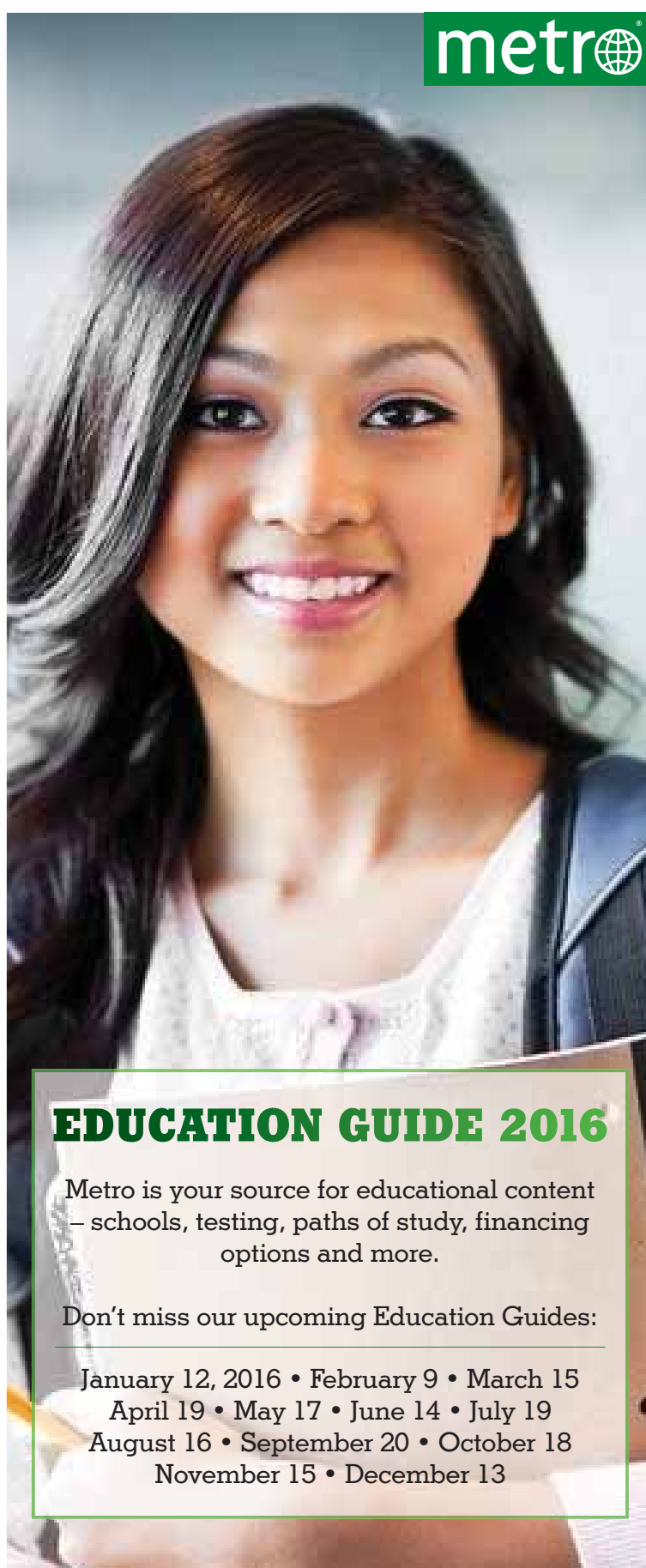
With deepest appreciation, the Museum acknowledges Kathryn W. Davis for her generous founding support of the MAT Program.

Leadership support for the MAT program is provided by The Shelby Cullom Davis Charitable Fund.

The MAT program is supported in part by the New York State Education Department, the National Science Foundation under Grant Numbers DRL-1119444 and DUE-1340006, and the U.S. Department of Education under Grant Number U3365140026.

amnh.org/mat

mat@amnh.org | 212-313-7464 | [@amnh](https://twitter.com/amnh)



EDUCATION GUIDE 2016

Metro is your source for educational content – schools, testing, paths of study, financing options and more.

Don't miss our upcoming Education Guides:

January 12, 2016 • February 9 • March 15
April 19 • May 17 • June 14 • July 19
August 16 • September 20 • October 18
November 15 • December 13

FOR ADVERTISING:

shari.white@metro.us or 212.457.7824
thomas.franke@metro.us or 212.457.7840

BRAMSON | RT

COLLEGE

www.bramsonort.edu

Degrees & Certificates

- Game Design
- Graphic Design
- Computer Programming
- Computer Technology & Many More!

OPEN HOUSE
Wednesday, December 9th
11AM and 5:45PM

Follow Your Passion. Design Your Career in 2016!

- ✓ Affordable Tuition
- ✓ Job Placement Assistance
- ✓ Small Class Sizes
- ✓ Flexible Schedules
- ✓ Not-for-Profit College
- ✓ Transfer Students Welcome

Queens Campus
69-30 Austin Street, Forest Hills

Brooklyn Extension Center
8109 Bay Parkway, Brooklyn

CALL TODAY! (866) 644-2925

Earn Your High School Equivalency Diploma While Studying for Your Degree*

Contact us to learn more about our Opportunity Grant!

*Must meet Ability to Benefit Requirements

Bramson ORT College is a not-for-profit educational institution.

THE BRAMSON ORT PROGRAMS GAINFUL EMPLOYMENT DISCLOSURES ARE POSTED ON WWW.BRAMSONORT.EDU

Get your undergraduate degree at Touro College's New York School of Career and Applied Studies


NYSCAS
 New York School of Career and Applied Studies
 a division of TOURO COLLEGE

At NYSCAS we provide the support our students need to succeed, from the moment they enroll to the day they graduate.

Discover our array of offerings at nyscas.touro.edu

ASSOCIATE'S AND BACHELOR'S DEGREES

- Business Management and Administration
- Information Technology
- Human Services
- Psychology
- Education
- Biology
- Social Sciences
- Criminal Justice **NEW!**
- Paralegal Studies
- Digital Multimedia Design
- Liberal Arts and Sciences

Pre-Professional Options

- Pre-Law • Pre-Medical • Pre-Dental

Touro College:
a world
of possibilities

855.33-TOURO
(855.338.6876)

MANHATTAN
BROOKLYN
QUEENS



scan here

 apply online at apply.touro.edu

 Use your veteran's educational benefits
www.touro.edu/veterans

 Facebook.com/NYSCASTouroCollege
 Twitter.com/nyscasTouro

And if graduate study is in your future, consider Touro's graduate and professional schools: **Business, Education, Jewish Studies, Law, Health Sciences, Osteopathic Medicine, Pharmacy, Social Work, and Technology.**

Touro is an equal opportunity institution.
 For Touro's complete Non-Discrimination Statement,
 please visit www.touro.edu


 BROOKLYN COLLEGE
 FEIRSTEIN GRADUATE SCHOOL OF CINEMA
 STEINER STUDIOS

MAKE A SCENE

**THE ONLY GRADUATE
FILM SCHOOL ON
A FILM LOT.**

brooklyn.cuny.edu/feirstein/metro

CINEMA STUDIES
DIRECTING
SCREENWRITING
CINEMATOGRAPHY
POST-PRODUCTION
PRODUCING
DIGITAL ANIMATION & VFX


 THE CITY OF NEW YORK
 MAYOR'S OFFICE OF
 MEDIA AND ENTERTAINMENT

 CU
 NY
 The City University of New York

APPLICATIONS DUE JANUARY 15, 2016

APPLY NOW

Make a Scene at the Feirstein Graduate School of Cinema

The Barry R. Feirstein Graduate School of Cinema is accepting applications for fall 2016.

This is your opportunity to study at a premiere institution that is educating students in the art and craft of cinema, in the heart of NYC's rapidly growing film and production industry.

Feirstein is the first public graduate film school in New York, and the only one in the country on a working film lot. Located at Steiner Studios at the Brooklyn Navy Yard, Feirstein is housed in a 68,000-square-foot facility, purpose-built for a 21st-Century film school. This entirely digital production and post-production environment offers state-of-the-art workspaces, studios, stages, and equipment, including a foley stage, motion capture studio and a 4K surround-sound screening room.

You're invited to apply for admission for fall 2016, in one of six programs in cinema arts and studies. Degrees offered include an M.A. in Cinema Studies and M.F.A. in Cinema Arts, with course emphasis on either producing, directing, screenwriting, cinematography, post-production or digital animation and VFX.

One of the biggest challenges facing students attending film schools, apart from the cost of tuition, is the cost of producing their thesis projects. But at Feirstein, every project is eligible for production funding up to \$10,000 or a research grant up to \$2,500, provided by the Mayor's Office of Media & Entertainment (MOME) Creative Fund.

Feirstein's advisory council includes Darren Aronofsky, Steven Soderbergh, Fisher Stevens, Ethan Hawke, Robert Richardson (only American to win with three Cinematography Academy Awards, for JFK, The Aviator, and Hugo) and Founding Director Jonathan Wacks (Repo Man, 21 Jump Street). These industry professionals support the mission of Feirstein and add to an environment that's well-rounded, collaborative and inclusive.

The school hosts info sessions over fall and winter. Applications must be submitted by January 15, 2016.

Save More. Learn More.

At BMCC you'll receive solid value, for a great education.

At Borough of Manhattan Community College (BMCC), we work hard to keep our students' dreams within their financial reach. As one of 23 colleges and universities comprising The City University of New York, we are committed to providing a high-quality education to a diverse urban population.

We want you to gain the most knowledge and access the most opportunities possible—while accruing the least debt.

We've got you covered.

As a degree-seeking BMCC student, close to 90% of BMCC students receive assistance from

at least one federal, state or municipal financial aid program, and over half benefit from full tuition coverage.

Our graduates benefit from having completed a remarkably affordable college education—free from the debt that weighs on their peers at other colleges.

That affordability is assured by the CUNY Safety Net — low tuition, federal and state aid allowing six out of 10 full-time undergraduates to attend tuition-free, and federal tax credits easing the burden on the middle class.

Keep your options open.

BMCC students graduate with job-ready skills and respected academic credentials, well prepared to begin their careers or continue their higher education at a four-year college.

They choose from an impressive array of associate degree programs at BMCC.

These range from Liberal Arts to Media Arts. From Business Administration to Allied Health

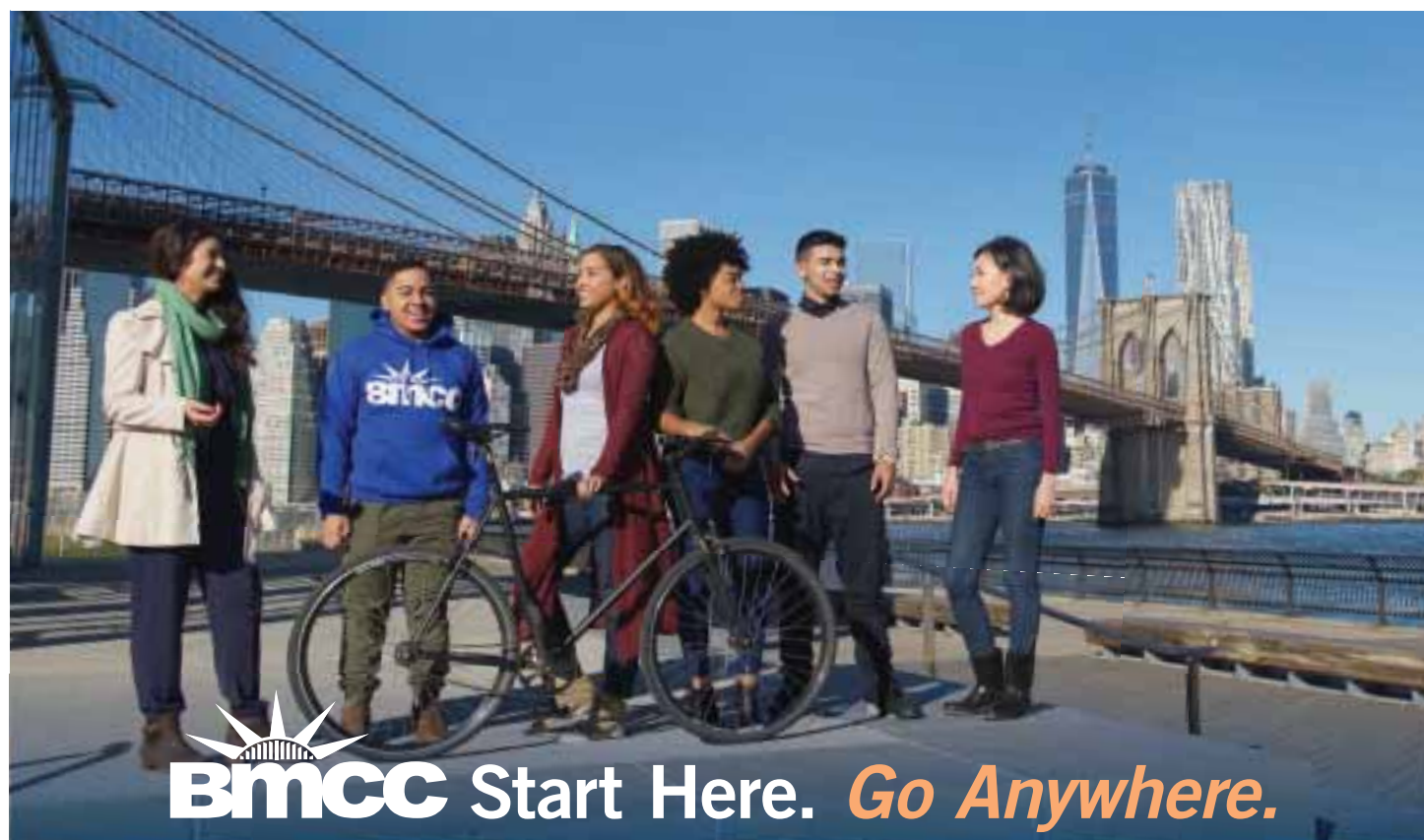
and Nursing. From Teacher Education, Human Services and English, to Computer Information Systems, Mathematics, Science and Accounting.

Go where ambition takes you.

At BMCC, we watch industry trends, and listen to what our students want. We've developed a host of new transfer programs — Community Health Education, Geospatial Technology, Forensic Accounting, Criminal Justice, Biotechnology, and more.

Every new program links to a four-year CUNY college or university. You'll also be eligible to enter colleges and universities beyond the CUNY system, or move right into your career.

Whether you see your future in a research lab, emergency room, classroom or corporate office, you can start at BMCC, graduate free from crushing debt, and go wherever your ambition takes you.



Bmcc Start Here. *Go Anywhere.*

Days after Saint West arrives, Kim and Kanye are arguing again

Kim Kardashian and Kanye West have barely had time to announce the ridiculous name (Saint West) for their newborn son, and they're reportedly already squabbling about what to do next with their family. And apparently it comes down to whether or not Kardashian will get pregnant again — something she reportedly didn't want to do to begin with for baby No. 2, according to Radar Online. "Everyone knows she was dead set on adoption, but Kanye pleaded for her to get pregnant again and she caved in," a source says. "Now she's putting her foot down and has insisted surrogacy or adoption would be the only way she'll consider adding to their family down the line."

Apparently her experience



ALL PHOTOS GETTY IMAGES

bringing Saint to term has only solidified her position. "Kim's final trimester has been so uncomfortable, it's taken a major toll on her body and made her vow never to go through this hell again," the source explains. "She had no idea it would be this difficult in terms of destroying her self-esteem." Sounds rough.

the word

NED EHRBAR
ned.ehrbar@metro.us

Justin Bieber's throwback posting is getting creepy

I know this seems weird coming from me, but guys? I'm worried about Justin Bieber. As news of ex-girlfriend Selena Gomez's new romance with One Direction member Niall Horan begins to spread, Bieber can't seem to stop himself from posting more and more throwback pics rife with nostalgia-filled longing. The latest? A 2012 photo of the pair holding hands while out and about, posted to Instagram with the caption "crazy throwback." Is it, though, Justin? Is it so crazy? Do you need to talk about something?



DAILY VIDEO



YOUTUBE

Santa Baby

Ryan Gosling really, really believes in Santa Claus in this hilarious "SNL" Digital Short featuring him and Vanessa Bayer as neighborhood newcomers sending a Christmas party from superawkward to

downright terrifying. Watching exactly how excited they get — in a very grownup way — at the notion that Kris Kringle is actually upstairs and willing to meet them is delightful, but when the whole thing turns into a Tarantino-style hostage situation? Priceless.

Why Adele didn't get any Grammy nominations

When the Grammy nominations were announced yesterday, fans of Taylor Swift and The Weeknd were certainly thrilled. But a

tone of discord quickly spread across social media as Adele acolytes began protesting the "Hello" singer's seeming snub when she didn't receive a single nomination for the hit single or



her new album, "25." But really, Twitterverse, calm down. Adele's latest record-breaking work isn't eligible until next year's Grammys, as this year's honors work released between Oct. 1, 2014 and Sept. 30, 2015 — which I'm guessing Taylor Swift is thrilled about. You can expect an Adele sweep in about a year or so.



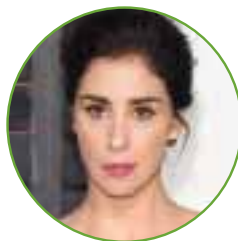
Exactly how big of a 'Star Wars' fan are you?

The Alamo Drafthouse theater chain is holding a "Star Wars"-themed endurance contest, during which seven contestants will start a marathon of all six movies followed by "The Force Awakens," which will then play on a loop until only one fan is left

watching. The winner gets a seven-year movie pass, a set of 2015 and 2016 Topps Star Wars Card Reader cards, a selection of Mondo poster prints and a theater seat in his or her honor — complete with a naming ceremony. Totally worth it, right?



@victoriabeckham
Good morning NY!! have missed u!!! X



@SarahKSilverman
I've never met a Jew that minds one bit if u say Merry Christmas to them.
#WarOnChristmas



@carrieffisher
I remind myself of someone I've never met/Of someone I'd like to meet/Of someone I can't forget



@edsheeran
I wasn't expecting the Grammy noms, thank you



@anthonyanderson
smoked my own turkey legs today for my collards



@Fred_Willard
Happy Hanukkah. Enjoy the festival of light.

FALL SPECIAL

\$595*
Implant

*Must be completed at our office to qualify for promotional fees

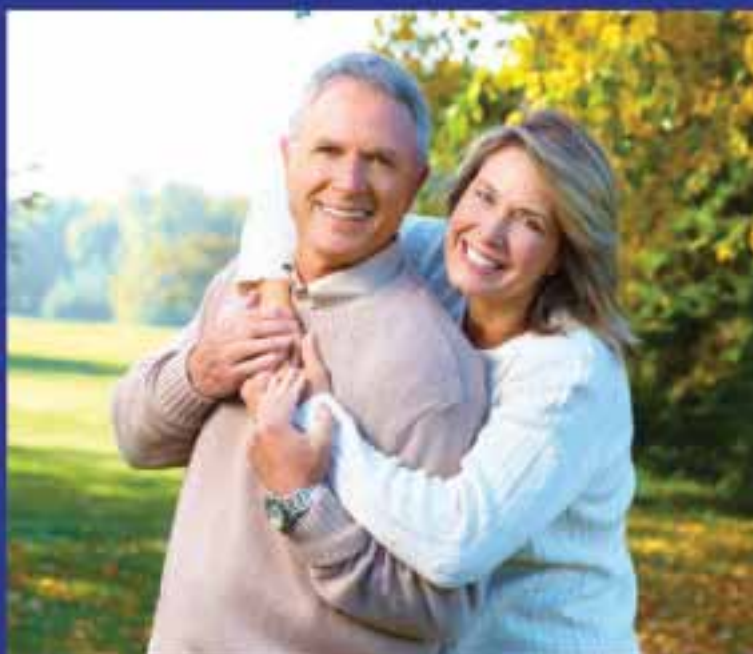
**Complete tooth replacement
with post and crown**

\$1295*

**OFFER
EXPIRES**

12/20/2015

*All work must be completed at Right Choice Dental Implant Center to qualify for promotional fee of \$1295 for Complete Tooth Replacement. Limit 3 implants per patient. Full payment due upon commencement of treatment.



Right Choice Dental Implant Center

**Invisalign® Special
Complete Case
Only \$3999**

**Use Your 2015 Flexible
Spending Benefits Now**

Manhattan Location

50 Broadway Suite 2001
New York, NY 10004

**2 Convenient
Locations**

*Speak with your
Smile Today!*

Long Island Location

601 Franklin Ave Suite 100
Garden City, NY 11530

FREE CONSULTATION

REPLACE MISSING TEETH PERMANENTLY

*Must bring this ad
on your first visit.*

646-791-8075

www.Rightchoicedentalimplantcenter.com

CALL

Se Habla Español

Mention you saw us in Metro Newspaper

TODAY!

Live from Victoria's Secret

The sexiest event of the year airs on TV tonight, and we're taking you behind the scenes. Find out what it takes to get ready to walk the most coveted runway, meet the newest Angel and maybe get a few holiday-shopping tips backstage before tuning in to watch the spectacle at 10 p.m. on CBS.

RAQUEL LANERI

ALESSANDRA AMBROSIO DOES NOT JUST WAKE UP LIKE THIS

Brazilian supermodel Alessandra Ambrosio is vamping backstage at the Victoria's Secret fashion show, flashing her million-dollar style and making it all look a breeze. But it turns out that preparing to walk the VS runway is kinda like training for a marathon: intense. Here, the 34-year-old beauty tells us how she gets into fighting shape.

How do you prepare for the big show?

The past week has been crazy. I made an appointment with my dermatologist. I got a facial, a crystal peel. I've been working out even more than usual and eating healthy — lots of green juices, lean proteins, chia bars. If I'm really hungry and need a snack I'll grab one of those chia bars. Got a spray tan, got some highlights in my hair. It's a lot of work doing this show!

Sounds like it! Do you have any tips for boosting your confidence the day of?

Music! I'm a classic rock girl, and I'll put on a playlist full of my favorite rock songs and it just lifts my mood and makes me feel energized.

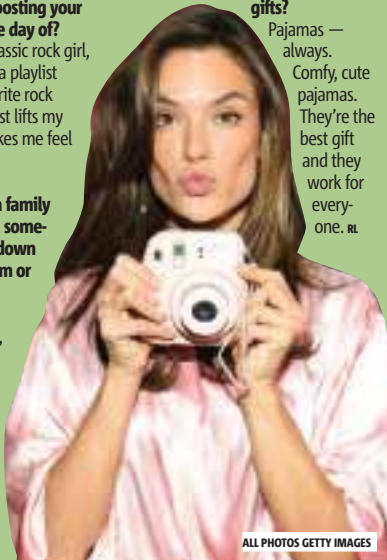
Do you have a family beauty secret, something passed down from your mom or grandma?

Stay hydrated. I'm from Brazil, so I'm always drinking coconut water. Lots and lots of coconut water.

The holidays are coming

up, do you have any go-to gifts?

Pajamas — always. Comfy, cute pajamas. They're the best gift and they work for everyone. RL



ALL PHOTOS GETTY IMAGES

AN "ANGEL'S" CHRISTMAS

All Candice Swanepoel wants for Christmas is her fiancé, Hermann Nicoli. Actually, the South African model, whose name is usually preceded by the words "blonde bombshell," is more into giving than receiving. Here, the 27-year-old tells us about love, lingerie and why less is indeed more.



What do you think is the best thing to unwrap?

My fiancé.

What's the best thing for a guy to unwrap on Christmas Day?

A car.

So, are you buying your fiancé a car?

Oh, no, no, no! [Laughs]

How do you feel about novelty lingerie during the

festive season?

You know what, I'm actually not a big Christmassy person, I usually just use the opportunity to travel and run away.

What's the best present you've ever been given?

Probably a vintage piece of jewelry that's been in my family for a long time. It was my grandmother's wedding ring. She passed away; now I wear it.

What's the best gift you've received from a man?

We don't really do presents anymore ... my fiancé and I. We're kind of "less is more." But during the year, I'll give something as a surprise.

What gift do you use as a treat for yourself after a big assignment?

A massage — that's my weakness. I love massages.

CAROLINE JUMPERTZ, MWN

Fall into a new you and get ready for the Holidays!

SPECIAL \$500 OFF WITH THIS AD

FRANCIS NY PLASTIC SURGERY

114 EAST 71ST STREET • 212-226-0677

Between Park & Lexington Avenues • www.francisnyplasticsurgery.com

Brazilian Butt Lift - Fat Grating
Buttock Implants
Calf Implants
Breast Augmentation
Breast Lift
Breast Reduction
Breast Reconstruction
Liposuction
Smart Lipo
Body Lifts
Arm Lifts
Face Lifts - Eyes - Neck
Tummy tucks - Mini & Full
Nose Reshaping
Lip Plumping
Botox - Sculptra - Juvederm
Dysports - Restylane - Radiesse
Affordable Cosmetic Surgery
0% Financing Available
Surgical Center On Site
With Certified Staff
Quick & Safe Anesthesia
FREE CONSULTATION!



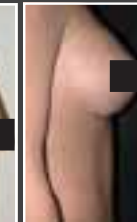
TUMMY TUCK



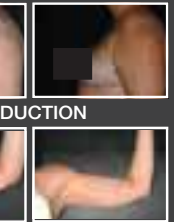
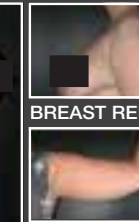
BREAST AUGMENTATION



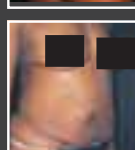
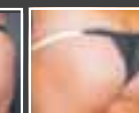
BREAST REDUCTION



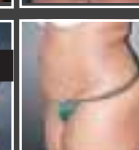
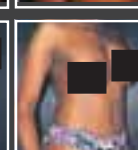
ARM LIPO/LIFT



BUTT AUGMENTATION



MOMMY MAKEOVER



FREE CONSULTATIONS!

MODEL

Dr. Kenneth R. Francis - Board Certified Plastic Surgeon: Featured in : "Allure, Glamour, and Inside Edition"

VS'S NEXT TOP MODEL



Gigi Hadid (left) strikes a pose backstage with newbie Rachel Hilbert (right).

Twenty-year-old Rachel Hilbert is the new face of PINK, and she's walking her first VS fashion show tonight. We caught up with her before her big debut.

What have you been doing to prepare for the show?
Mostly just resting — and eating well. Avoiding carbs. I can't wait to eat a pizza tomorrow.

When do you feel sexiest?
I have to say I feel sexiest when I just have had a nice workout and I'm sweating and have a clean face, no makeup. Though, a nice pair of heels always helps too. **RL**



HOLIDAY SPECIALS
for you or a friend...



Buy 1 get 1 Free

all specials w/ad

- Deep Pore Facial 2 for \$55
- Microdermabrasion 2 for \$75
- Slimming Body wrap 2 for \$55
- Spa manicure and Spa pedicure 2 for \$39
- Glycolic Face Peel 2 for \$65
- Oxygen Micro 2 for \$99
- Laser genesis firming for face or hands 2 for \$199
- Zerona Buy 6 get 6 free \$399
- Cavi Lipo fat Blaster 2 for \$99
- Skin Tight Laser 2 for \$99
- UV gel manicure 2 for \$35
- Lymphatic 45 Minute Massage 2 for \$75

Laser Hair Removal

- Candela-yag-diode we treat all skin types
- Full Leg - 2 for \$199
- Brazilian 2 for \$199
- Back, Chest or Butt 2 for \$199
- Underarm, Lip or Chin 2 for \$79
- Full Body Laser - 2 for \$599

Waxing specials

Brazilian Bikini \$20
Full legs or Buttocks \$20
Back or chest area \$18

FREE CONSULTATION*
WE BEAT COMPETITORS COUPONS BY 10%

Expires 12/24/15
No Time to Come In?
Pre pay over the phone and use anytime

180 7th Ave South, btwn W 11th St & Perry St
212.229.0399 • www.nylaser.net

REGAIN YOUR CONFIDENCE AT LEXINGTON PLASTIC SURGEONS

YOUTHFUL Look
LASTING Results



- Upper/Lower Eyelid Surgery
- Facelift
- Necklift
- Browlift
- Rhinoplasty

- Hair Transplant
- Hairline Lowering
- Eyebrow Transplant
- Facial Hair Transplant
- Follicular Unit Extractions




Visit Dr. Kevin Ende, MD

WWW.LEXINGTONPLASTICSURGEONS.COM | (855) 658-4026

OVER 3,000
facelifts performed



No Hunger Cravings

Increase your Metabolism

Buy 1 Program Get 1 FREE
Now through Dec. 11th

NOVO

The Medical Weight Loss Experts

139 Fulton St., Ste 201, NYC
Great Neck, NY • Paramus, NJ
20 E 46th St, 9th Floor

844-544-DIET (3438)

www.novoweightloss.com

Fat Burning

- Doctor Supervised
- Metabolism Boosting diet injections
- Dedicated Personal Consultants**

Voted best permanent weight loss NYC

Lose 10-20 lbs before the holidays

Vincent Piazza heads home

The "Boardwalk Empire" actor returned to Queens for the true crime story "The Wannabe."



MATT PRIGGE
@mattprigge
matt.prigge@metro.us

One of the standout scenes in the indie "The Wannabe" finds its mafia-infatuated antihero, Thomas, spotting Eric Roberts in a bar. Thomas is a big fan of the actor's work in the 1984 crime classic "The Pope of Greenwich Village," so he approaches him, all the while calling him by his character's name.

That's happened to

Vincent Piazza, who plays Thomas. "Some people, when they meet me, they speak to me, but mostly in terms of the plot of the show I'm on," Piazza tells us. When Piazza was on "Boardwalk Empire," he says people would be shocked to discover he's polite and friendly, i.e., nothing like his character, gangster Lucky Luciano. "There was always a moment of, 'You're him?' What did you expect, that I'd walk in with that archaic accent?"

At least with "The Wannabe," Piazza has some connection to the material. It tells the story of Thomas and Rosemarie Uva, a Queens couple who in 1992 started



Piazza and Patricia Arquette play a couple in over their heads in "The Wannabe," now on VOD. **ENTERTAINMENT ONE**

sticking up mafia society halls. They were called a modern-day Bonnie and Clyde. Eventually they were whacked.

A native of Maspeth, Queens, Piazza was around when the Uvas were knocking about. But

"The Wannabe" — which stars Patricia Arquette as Rosemarie — doesn't stick to the letter of the story, and Piazza says their tale was more an entryway into looking back at that period of time in New York history, when the John Gotti trial had become a media circus and the old kind of NYC mob was fading away.

It also explores pop culture's obsession with organized crime through movies and iconography. Thomas is introduced sitting in on the Gotti trial, staring at him as if he were James Cagney.

"At what point do the lines blur? Are modern mobsters acting like the movies?" Piazza asks. "Here's a kid who's taking cues from both sides: how to dress like this mobster, how to act from this guy on TV. There's a weird soup he was a part of."

There's a long history

of gangster movies Piazza could draw from, but he cites as a major influence "Dog Day Afternoon," another movie about nobodies in well over their head. He namechecks Martin Scorsese's "King of Comedy," comparing Thomas to Robert De Niro's would-be standup comic, Rupert Pupkin. "I saw them as kids, these characters, even though what they pursued was very different," he says.

King of Queens

Piazza no longer lives in Queens, and he's not as connected to the borough as he once was. But he knows it well enough to sense that it has changed dramatically.

"It feels more modern," he explains. "Back then, the neighborhoods were very compartmentalized. There were many ethnicities, but they were in different sections and blocks." Today, the different groups are more open to mixing together. "I'd be curious to see what a teenager's point of view from the neighborhood today would make of this film — if any of that stuff exists anymore."

"The Wannabe" isn't the first film about the Uvas. Only last year, there was "Rob the Mob," with Michael Pitt and Nina Arianda as Thomas and Rosemarie. Piazza admits to still not having seen it, though he's aware it's more comedic, a little sweeter, not as dark as the film starring him. "There were so many liberties taken with our story," Piazza says. "It would be scary if they were similar."



GETTY IMAGES

ESSENTIAL
Day Spa & Cosmetics Inc.
www.essential-skin.com

Specializing in PROBLEM SKIN
Licensed Professionals
First Time Clients Only

Treat yourself to the gift of beautiful skin; We offer results, not promises!

- Body Massage + Facial \$99
- Eyebrow / Eyeliner Tinting \$25
- Ear Candling \$50

Diamond Microdermabrasion Only \$50
for acne scars, sun damage skin, fine lines, wrinkles, discoloration, blackheads

Botinal Wrinkle Treatment Reg \$160 \$125
formulated with "Botox®-Like" effect without injection. Effectively reduces the appearance of wrinkles and crow's feet after only one treatment.

Acne Treatment w/Glycolic Acid Peel Only \$45
For oily and blemish skin with excessive blackheads/whiteheads, acne scars and discoloration.

Back/Chest Deep Pore Cleansing \$75/\$35

Deep Cleansing Facial Reg \$75 \$40
Deep cleans and refreshes all skin types.

Brightening Peel Reg \$125 \$75
An antioxidant peel that helps to brighten and lighten discolored skin with highly concentrated L-Vitamin C and L-Retinol. All skin types.

Body Slimming Wrap or Salt Glow Special \$50
Sea salt scrub to exfoliate and polish or herbal slimming wrap to move toxins and promote inch loss.

Back/Chest Glycolic Peel Only \$55/\$30

247 E. 50th St. 2 FI NYC
Trains: E M 6 to Lexington Ave., 51st-53rd Street
4 5 6 7 and S to 42nd Street-Grand Central Terminal
Tel: 212-588-8866/212-253-9693

FREE CONSULTATIONS

Winter Sale
Expires Dec 31, 2015

"Just in time for the Holidays"

Botox \$159 (20 units)

Juvederm \$489 (per syringe)

MED SPA 44

144 E 44TH STREET, Ste 205 New York, NY 10017
212-308-4990 info@medspa44.com www.MedSpa44.com

MonaLisa Touch™

FREE CONSULTATION

"Feel young at any age"

Menopausal Problems? Painful Intercourse?

2 out of 5

Postmenopausal women suffer from:

Vaginal dryness / Itching / Burning / Painful urination / Painful intercourse

Manhattan Center For Vaginal Surgery 144 E. 44th St. 2nd Floor NY, NY 10017
212.308.4056 www.ManhattanCenterForVaginalSurgery.com
Dr. Ronald D. Blatt M.D. F.A.C.O.G.
Affiliated with Lenox Hill Hospital

Can you eat too healthy?

Being obsessed with what you eat could make you sick.



ELODIE NOËL
Metro World News
letters@metro.us

Clean and green have been the buzzwords of the nutrition world for years, showing up in increasingly complicated diets, meal plans and cleanses. While we can all use a bit more kale (and, let's be honest, veggies in general) in our lives, if you're obsessed with every ingredient on your plate, you could have an eating disorder called orthorexia.

The condition, coined in 1997 by Dr. Steven Bratman, takes healthy eating

to the extreme, and is to an extent triggered by our overwhelming cultural preoccupation with eating clean.

"It's an obsession about choosing foods for their purity, their cleanliness or lack of toxicity," explains Sondra Kronberg, a clinical nutrition therapist with the American National Eating Disorders Association.

This "drive for purity and wholeness," as Kronberg calls it, is something that Jordan Younger is familiar with. Better known as The Blonde Vegan, the successful blogger was a fervent juice-cleanser and under constant pressure to be a role model for the meat-free community. It all became too much

when Younger realized that her clean lifestyle was controlling her life.

"I had developed many fears surrounding food due to my very strict labeled plant-based vegan diet, and I was becoming more and more limited over time in what I was comfortable eating," she says.

Eventually, physical symptoms like losing her period, thinning hair and chronic fatigue appeared. Omitting entire food groups can damage the body, in extreme cases causing muscle and mineral losses.

Like most eating disorders, orthorexia isn't entirely about what you

do and don't eat, but the amount of torment that goes on inside your head.

"I was at a relatively healthy weight," says Younger, whose new book, "Breaking Vegan," chronicles her food journey. "My orthorexia got in the way of my friendships, relationships, family life, work, passions and more."



MAKE HEALTHY YOUR NEW HAPPY



Together, we can keep you healthy and enjoying life

With **ArchCare Advantage HMO Special Needs Plan** you get all the benefits of Medicare plus valuable extra features at **No Additional Cost** beyond your usual Medicare premiums.

\$600 a year to spend on OTC health items*

Doctor visits with little or no co-pay

Full prescription drug coverage

Preventive care to keep you out of the hospital

Your own personal care manager



ArchCare Advantage has received an overall rating of **4 STARS** (Above Average) from Medicare.



We're here to help.

800-373-3177

TTY/TDD: 800-662-1220

8 a.m. to 8 p.m.,
seven days a week

www.archcareadvantage.org



Health Plans and Nursing Home Alternatives | Home Care
| Skilled Nursing Care Rehabilitation | Assisted Living |
Specialized Care | Palliative Care | Hospice

ArchCare Advantage HMO SNP is a Coordinated Care plan with a Medicare contract. Enrollment in ArchCare Advantage depends on contract renewal. This plan is available to anyone with Medicare who meets the Skilled Nursing Facility (SNF) level of care. This information is available for free in other languages. Please call our customer service number at 800-373-3177, TTY 800-662-1220, Sunday-Saturday, 8:00 a.m.-8:00 p.m. Esta información está disponible gratis en otros idiomas. Por favor llame a nuestro número de servicio al cliente al 800-373-3177, TTY 800-662-1220, de domingo a sábado, de 8:00 a.m.-8:00 p.m. You must continue to pay your Medicare Part B premium. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premiums and/or co-payments/co-insurance may change on January 1 of each year. Star ratings are based on five stars. Star ratings are assessed each year and may change from one year to the next.

* Maximum of \$50 per month. Unused amounts do not carry over.

H1777_Print Ad_2016_Accepted

Are you hiding your inner rock star?



Adele is doing things her own way, and she's proof that letting your real self shine is what makes you successful. GETTY IMAGES

\$1 ZOOM!
Laser Teeth
Whitening

(w/Check-up and Cleaning*)
*covered by your PPO Dental Plan

DR. STEVE

Up to 12 Shades
Whiter in just 1 hour

Call (212) 537-6923

Open Weekends and Evenings



30 East 40th St. #105
1 block from Grand Central Station
Ph (212) 537-6923 • www.Zoomfor1.com

ARE YOU EXPERIENCING
DIFFICULTIES WITH
RELATIONSHIPS OR
WITH WORK?
ANXIETY?
DEPRESSION?

MOUNT SINAI
BETH ISRAEL
IS OFFERING
PSYCHOTHERAPY

for people with
relationship
difficulties and
problems with
depression
and anxiety.

WOULD YOU LIKE TO EXPLORE
WHY PAST INCIDENTS ARE
KEEPING YOU DEPRESSED
AND ANXIOUS?

Treatment hours
by appointment.
Sliding scale fee

For more information, call the
psychotherapy Evaluation Unit.

212-844-1428

Considering plastic surgery?



If you're considering aesthetic surgery,

**Manhattan Eye, Ear and Throat Hospital/
Lenox Hill Hospital**

invites you to schedule a consultation
with a plastic surgeon in our aesthetic fellowship program.

Facelift • Rhinoplasty (nose job) • Browlift • Eyelid Surgery
Breast Augmentation • Buttock Lift • Tummy Tuck
Liposuction • Laser Rejuvenation • Fillers/neurotoxins

and many more procedures offered at VERY discounted rates.
Find out how affordable cosmetic and plastic surgery can be.

212-605-3741

Manhattan Eye Ear & Throat Hospital
210 East 64th street.

North Shore LIJ Lenox Hill Hospital

Model is not an actual patient.

Although I indulge in watching viral videos, I rarely play them more than once. But I can't seem to stop watching Adele fooling a bunch of her own impersonators by pretending to be one of them. There is something Shakespearean in the way she dons a prosthetic nose and chin, feigns a bad case of nerves, and then jolts her audience into ecstatic recognition with a raspy refrain of "To Make You Feel My Love."

One of the reasons I love this video so much is that many of us, including yours truly, are like Adele, hiding our inner rock star until the moment when we can reveal ourselves and be recognized for our magnificence.

We all wear masks that we show to the world, reflecting various aspects of ourselves. The mask we show to our colleagues — for example, strength and confidence — may be different from the one we show to our friends and relatives, who get to see our more charming, self-effacing neuroticism.

Sometimes, these masks are worn intentionally, and for

good reasons — you wouldn't discuss your recently broken heart with a job recruiter. They can also be a way to cope. Many children begin to wear masks when they feel their natural self will not be loved and accepted. A little girl may smile if she knows that expressing fear, anger or sadness would be met with scorn, disapproval or something much worse.

Yet these masks prevent others from really seeing us, which leads to feelings of loneliness and isolation. We can even become so accustomed to our masks that we begin to mistake them for who we really are.

We all have gifts and the capacity to give. So many of my clients secretly wish to remove their masks and, like Adele, be received by adoring fans. It's the same for love on a smaller, more personal scale, which becomes possible only through courageous honesty and faith in the worthiness of what we have to share.

In fact, a growing body of research popularized by best-selling author Brene Brown

KIM SCHNEIDERMAN, MSW, LCSW

Once Upon a Couch

Kim Schneiderman, LCSW, is a psychotherapist and the author of "Step Out of Your Story: Writing Exercises to Reframe and Transform Your Life." Email Kim your questions at askkim@metro.us. stepoutofyourstory.com



actually shows that taking off our masks to reveal our vulnerability is the path to successful relationships. Moreover, such exposure has a domino effect: Taking off our masks inspires others to do the same.

We all need to be seen and appreciated for our authentic selves; it's what drives personal growth. In this season of celebrating peace and light, may we all take a cue from Adele by grabbing the microphone, tapping into our heart and belting out that special song only we can sing.

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure."

Nelson Mandela

MLS is now truly 'Major League'

A look at how America's soccer league has grown from then, to now.



KRISTIAN DYER
@KristianRDyer
sports@metro.us

Doug Logan is sitting in his office, talking about his adventures from the early days of MLS. He's looking at a picture from 20 years ago, an image that dates back to the league's inaugural season. The nostalgia crackles through the phone line as he describes a photo on his wall.

It is a photo of Logan, the league's first-ever commissioner, with Alexi Lalas, a United States national team defender who was one of the new league's brightest stars. He goes into detail about what he is looking at: Lalas is wearing a T-shirt that read "East," denoting which conference he was suiting-up for in the league's first All-Star Game. Lalas was sporting his trademark long locks and goatee back then. Logan is smiling. Lalas and Logan are in the foreground of the picture, a packed Giants Stadium behind them.

"Those days" were two decades ago, a generation of fans growing from kicking soccer balls — in what was then an oddity of a sport — into a nation that is very quickly learning to love the world's game.

On Sunday, the league celebrated its 20th MLS Cup, the culminating moment of the season. Logan

oversaw the league starting in 1995, 16 months before the first match kicked off in San Jose. From there, the league has grown quite a lot. In many ways, it doesn't look much like the MLS that Logan helped kick-start.

The league now sits at 21 teams, up from the 10 teams that originally entered the league. There are new team names, three underperforming clubs have contracted, MLS introduced a new logo last year and attendance is steadily going up — as is sponsorship revenue. The league is now attracting superstar players.

By every mark, MLS is, in fact, Major League. But it wasn't always that way.

In those early days, Logan remembers multiple teams being owned by a single ownership group. Some places like Kansas City, which now routinely sells-out its soccer-specific stadium, struggled to get a couple thousand fans into massive Arrowhead Stadium. Soccer was still a big roll of the dice, a sport that was played by kids and watched by select groups but seemed foreign to most sports fans.

Despite the struggles of the early days, Logan led an ownership group that was committed to a vision. They wanted slow and steady growth.

"We knew that we were on embarking on a generational project. The project itself would take a generation — or two — for it to gel. Which quite honestly is no different than any other league that represent themselves as



New York/New Jersey MetroStars goaltender Tony Meola looks on during a 1996 game against the New England Revolution at Foxboro Stadium. GETTY IMAGES

agent," Logan told Metro by phone last week.

"The NBA, started in 1946, by 1961 they were doing delayed broadcasts on TV. They were still schlepping back and forth between Rochester and Buffalo.

"We knew that it would have to go through a generation or two of gradual growth. Despite the desire of some in the public and some pundits, there was no instant breakthrough. You don't just throw the ball on the pitch and have instant success."

He called himself "incredibly confident" early on that success would come. And by success, he meant that the league would be able to get by

until the next year. Then the year after that. Then the year after that.

Now, MLS is boldly talking about being a top league in the world within a decade's time.

The early years saw MLS try to lure the family checkbook to their stadiums as most of the marketing played toward youth players and their parents. But in recent years, the league has clearly gone after a more hardcore audience.

Logan said it was a

mistake for the league to not embrace the tribal passion of soccer earlier on, instead focusing on making the early days of MLS about family enter-

tainment.

"The family side of things, you find no sport with that as a backdrop," Logan said. "Successful sports have interesting metrics with regards to how you measure them. Focusing on people who treat the following of this sport in a tribal way is ultimately how you're going to be successful. There is tribalism in Seattle, there is tribalism in Portland, there is tribalism in Vancouver, there is tribalism in D.C."

For much more on the history and growth of MLS, visit metro.us

DOWNTOWN 111 JOHN ST. SUITE 1450 NEW YORK 10038	DOWNTOWN PODIATRY SERVICES	MIDTOWN 315 MADISON AVE SUITE 513 NEW YORK 10017	NEW LOCATION 159-05 92nd St Howard Beach, NY 718-845-0741
--	---	---	---

BEFORE AFTER

THE FUTURE OF FOOT SURGERY HAS ARRIVED!

- Specializing in Surgery and Aesthetics of the Foot
- Minimally Invasive - State of the Art Technology
- Bunion & Hammertoe Surgery

FREE consultation with ad

CONTACT US!
1-877-BUNION-1 or DowntownPodiatry.com

DENTALIGN NYC

GRAND OPENING

INVISALIGN

New Patient Special
Cleaning/
X-Rays/Exam **\$99**

\$2,999 Full Treatment
0% Financing Available

THE CLEAR ALTERNATIVE TO BRACES
PROVIDER WITH ELITE STATUS SINCE 2005

FREE CONSULTATION
888-590-3880

405 LEXINGTON AVE 54TH FLOOR
NEW YORK, NY 10174
(CORNER OF 41 STREET, THE CHRYSLER BUILDING)
www.nyc-dentalign.com

QUALITY DENTURES

THE SAME DAY

NY's Place for same day dentures for over 37 years.

Smile with Confidence



\$100
off each
NEW
denture!
EXP. 12/31

NEW PATIENT PACKAGE

MAINTENANCE
CLEANING
DIGITAL X-RAYS

With This ad only. One per patient.
First visit only. Coupon expires 12/31/15

\$89

NEW PATIENTS Only

ONE
DENTURE
RELIN

With This ad only. One per patient.
First visit only. Coupon expires 12/31/15

\$194

DENTURE REPAIRS AND RELINES WHILE-U-WAIT! FREE CONSULTATION

You Can't Afford to go Anywhere Else!

MOST INSURANCE PLANS & NY STATE MEDICAID WELCOME

SENIOR Cit. Discounts on new dentures and crowns

Full Service State-of-the Art Cosmetic Dentistry

224 West 35th St., New York, NY 16th Floor (between 7th and 8th Avenues)



Call Now!
212-689-0024

www.denturecenter.com

Cannot be combined with other offers

reach over 3.5 million people
every month.

to advertise, contact (212) 457-7735 or advertising@metro.us

source: nielsen scarborough 2014-15 r2. adults 18+

metro media

media.metro.us

28 SPORTS

Knicks notebook

- While Kristaps Porzingis favors very well to Pau Gasol on the defensive end due to his ability to block shots straight-up or from the weakside (and for his ambidextrous ways), the rookie is definitely similar to Dirk Nowitzki on the offensive end. A look inside the numbers actually reveals that Porzingis is actually ahead of Nowitzki in regards to their respective maiden seasons. Dallas' future Hall of Famer only played in 47 games in his rookie season, averaging 8.2 points and shooting 40 percent from the field. He improved drastically in his second season, when he shot 46.1 percent and averaged 17.5 points and 6.5 rebounds. But looking at Porzingis' current rookie numbers of 14 points, 9.2 rebounds and 1.9 blocks per game in 21 contests — while shooting 44 percent — it bodes well for the rookie's career arc.
- The Knicks need to continue to ascend and get into the playoffs this season as they traded their 2016 first-round draft pick to Toronto in 2013 in the Andrea Bargnani deal. Obviously, if they miss the postseason they won't be rewarded with a high pick.



Kristaps Porzingis has been the driving force behind the Knicks' early season success. GETTY IMAGES

Knicks not satisfied with being average

There's a playoffs-or-bust mentality at the Garden this season.

TONY WILLIAMS
@TBone8
sports@metro.us

Knicks head coach Derek Fisher is a five-time NBA champion, so when he speaks, his players listen.

Fisher, who admits that he's still learning on the job during his second season as the head man, said that while the team has "drastically" improved from a year ago at this time, hovering around the .500 mark still isn't good enough.

The Knicks are an improved lot for sure, as their 10th victory of last season didn't come until Feb. 1, their 48th contest.

That's a stark improvement. But the ultra-competitive Fisher said he needs more. He noted that the team "isn't shooting for .500 ... because our goal isn't to be average."

He added that he'll continue to push his squad

and expects them to not only beat the teams they should — like the Sixers and Nets last week — but also top-tier opponents.

"We've been able to get some wins early. We're trying to find multiple ways to make the [opposing] defense work. Once we have multiple guys doing that, it'll make the game easier for everybody," Fisher said, noting that rookie Kristaps Porzingis has been a great complement to Carmelo Anthony. "Success always brings a little more of a spotlight, which means teams will soon start to key on him more, too. But that's the goal, to make us a more well-rounded and effective group."

As Porzingis continues to emerge, the Knicks will get more balanced and actually make Anthony even more of an effective player. Point guard Jose Calderon has revealed like a proud papa in helping Porzingis find his way. Calderon is one of the league's best teammates, as he's always subjugated his ego for the betterment of the

team. He's thrilled to see Porzingis' development because he knows it'll make his job easier and improve the team.

Calderon, a Spanish national team member who played with Pau Gasol and was a former teammate of Dirk Nowitzki's in Dallas, said he definitely sees the comparisons — and is more than happy to help Porzingis reach those lofty heights, as it ultimately helps the Knicks get to where they want to be.

"His game is similar to both," Calderon said of Porzingis, before adding that "Kristaps is better [when comparing the 20-year old to the two future Hall of Famers at the same age]."

"It took Pau a little bit longer to get those big numbers," Calderon said, noting Porzingis' penchant for already garnering double-doubles and game-high block totals. "Pau was the Rookie of the Year his first year ... Kristaps is [having] a good start. But let's see where we are at the end of the year."

Shoulder Arthritis Treatments Keeping Boomers Active Into Their 60's, 70's Even 80's?

If you suffer with painful shoulder arthritis — science may have finally found the answer you've been looking for.

Here is why: Researchers have discovered a natural gel like medicine that is like "joint oil." This all-natural gel is one of the naturally occurring lubricating substances in your shoulder joint that cushions and lubricates the joint which dries out over time due to wear-and-tear, age or injury. But when doctors precisely place this lubricating gel into your shoulder joint by using advanced digital imaging technology — it is like putting oil on a rusty door hinge. It lubricates the joint and can decrease pain and stiffness. For some, results can be dramatic and last for months. Years for some. Often times shoulder surgery can be avoided.

Know this: This is NOT a supplement you can buy over the counter or on the internet. This is a REAL medical treatment that must be given by a trained health care professional.

And the great news is: There is a free report and information kit available that tells you everything you need to know about this treatment. It also tells you all about cutting-edge medical clinics right here in New York City that are offering this cutting-edge treatment with tremendous success.

To get your information kit or to schedule a No-Obligation Risk Free Shoulder Screening simply call 800-627-PAIN (7246).

ARE YOU A **HEALTHY VOLUNTEER** WITH **FREE** TIME AND LOOKING TO MAKE A DIFFERENCE?

Our dedicated research physicians, nurses and other health professionals invite you to join our Clinical Research Family as a research volunteer.

Biotrial is recruiting for a wide range of participants for upcoming paid medical research studies including healthy volunteers just like you.



TO LEARN MORE CALL **844-246-8459**

- ✓ YOU MUST BE AT LEAST 18YRS OLD
- ✓ PARTICIPANTS, MAY RECEIVE STUDY-RELATED MEDICATION AND TEST.

Our recruiters are waiting to hear from you
Call **844-246-8459** or visit our website at

www.biotrial.com

Persons depicted are models being used for illustration purposes only

metroCLASSIFIEDS To place an ad call 866-900-9473
or visit us at www.metro.us

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751
or email peter.blankenstein@metro.us



DO YOU HAVE **LUPUS** WITH AN **ACTIVE RASH?**

You may be eligible to participate in a research study.
Qualified participants will receive all study-related care at no cost,
and compensation of \$55.00 per completed visit.

CALL TODAY 516-708-2674

KERIANN LEPPA, RESEARCH COORDINATOR
NORTH SHORE-LIJ HEALTH SYSTEM, DIVISION OF RHEUMATOLOGY
865 NORTHERN BOULEVARD, SUITE 302, GREAT NECK, NY 11021
PHONE: 516-708-2674; FAX: 516-708-2574; EMAIL: KLEPPA@NSHS.EDU

metro

Everything you need to know.



Advertise with Metro today!

(212) 457-7735 or advertising@metro.us

media.metro.us

**Time
Warner
Cable**

**ENJOY
BETTER**



Time Warner Cable

will be conducting an Open House on
December 9th, 10AM – 3PM

109-15 14th Avenue, College Point, NY 11356

Technicians

Must have valid

- Tri State Driver's License
- Net+ (Preferred) • 1+ years of Cabling
- Electrical or PC Network experience.

Please apply at: jobs.twc.com

Req #'s with the following: 172443BR, 172444BR,
172664BR & 172685BR

Time Warner Cable is Proud to be an
Equal Opportunity Employer and Drug Free Workplace

MEDICAL RESEARCH

To advertise, call
Peter Blankenstein at
212-457-7751 or email
peter.blankenstein@
metro.us



LIVING with HIV? Are Alcohol and Drugs a PROBLEM FOR YOU ?

You may qualify for a FREE and
CONFIDENTIAL Research
TREATMENT Study

If eligible, you may receive a smartphone and
up to \$220 in gift cards depending on level
of participation

Contact the Substance Dependence Research Group at
The New York State Psychiatric Institute

646-774-7949

LEGAL SERVICES

To advertise, call Thomas Franke at 212-457-7840
or email thomas.franke@metro.us



BANKRUPTCY ATTORNEY

Bankruptcy Only • Specializing in Chapter 7 • Low Fee • One Fee for All
Installments • Personal Attention • Free Consultation

Jay Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn

Fresh Start with Heart

ABSOLUTE DIVORCE

Hablamos Español

80 Broad St., 5th Floor, NY, NY 10004
917-470-9661 | 212-504-2985
www.absolutedivorceinc.com

STARTING
AT \$249
+ court fees

Must bring in ad

CAREER TRAINING

JOB

We Train & Place!

New Media Production (Audio & Video)
PCT • HHA • Medical Asst EKG/PHLE/Pharm Tech
CNA FREE Training if eligible
A+, BA, QA, SAP - Solar Tech etc
Call: 718-263-0750
STUDENTS VISAS @ LOW COST
On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY
WWW.ACCESSQUEENS.COM

**US Vets
Call
Now**

Are You HHA?
Upgrade to CNA/PCT

- Nurse Aide (CNA)
- EKG & Phlebotomy
- Patient Care Tech
- Physical Therapy Aide
- Pharmacy Technician
- Med. Billing & Coding
- Medical Assistant
- CPR (BLS)

Onsite State & National Exam
AM & PM Classes
Easy Weekly Payment Plan
Licensed by NYSED

Access Careers
25 Elm Place #201, Brooklyn, NY
866-487-5432

PEST CONTROL SCHOOL & SERVICES

6/9 DAYS/N.Y. STATE APPROVED,
CERTIFICATION & RECERTIFICATION IN BED BUGS,
TERMITES, STRUCTURAL, FOOD PROCESSING &
LANDSCAPING

BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS

1(800) 220-5494 or (718) 205-0557
pestcontrolschoolny.com | pestmanagementsciences@yahoo.com

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and
conditions of the applicable Metro Classified rate
card and to approval and acceptance at Metro U.S.
option. Metro U.S. reserves the right to edit, reject,
cancel or reclassify an ad, and reserves the right
to convert any classified advertising to alternative
formats for use and publication in other Metro U.S.
publications. It is the advertiser's sole responsibility
to check each ad the first day it is published. Metro
U.S. assumes no responsibility for any reason, for
any error or omission in any ad.

metroCLASSIFIEDS To place an ad call 866-900-9473
or visit us at www.metro.us

Do you have Psoriasis?

YOU MAY BE A CANDIDATE FOR A
CLINICAL RESEARCH STUDY

We are enrolling into a clinical trial, studying the
effectiveness of a new investigational topical psoriasis drug.

To qualify you must:

- Be 18 years of age or older
 - Have plaque psoriasis (Other restrictions apply)
- Health insurance is not needed to participate &
you may receive compensation for time and travel.



Sadick Research Group
911 Park Ave., Suite 1A
New York, NY 1007

For more information, please call:
or email: SRG@sadickdermatology.com

(917) 768-7276

ENTERTAINMENT

Erotic Zone!!!

Meet Sexy Singles in Your area!

100's of Singles on line now!

CALL NOW!

800-838-2561

HOT LIVE SEXY GIRL'S

800-963-4536

18+

Chat With America's Party Crowd!

see who's online now!

"LIVEWIRE CHAT" 1-206-876-2929

Club Voice M.A.L.E.

(Ultra M4M Chat)

1-206-876-6669

Hot Sexy Amateurs - Live 1 on 1

1-702-216-8888

Ld rates apply 18+

America's Premier Psychics Live Psychic Reading

877-998-FATE (3283)

Entertainment only 18+

Try It FREE!!!
**New York's Hottest
Chat Line**

Meet Real Local Singles in Your Area
646-507-5155

Gay/Bi Curious Chat!
646-507-5151

Reg. LD rates apply 18+

SERVICES

REDUCE YOUR CABLE BILL!

Get an All-Digital Satellite
System installed for FREE
and programming starting at
\$19.99/mo. FREE HD/DVR
upgrade for new callers,
SO CALL NOW
877-356-0526

Save 50% Off! Reg \$600
DayCare/Overnight
DayCare/ Postpartum /
Labor Doula
Special offer Lamaze
Class online only \$300
Register
www.jobsrusinc.com or
Call 844.757.8374

Absolute Yes! Cash paid
Diabetic Test Strips
Unlimited x100 in M-F, 9-4p
224 W 116th St (near 10th)
B.C. 311 696 411 0794

REAL ESTATE

Rooms for Rent

All Manhattan/Bronx



Furnished Rooms For Rent!
Cable/Internet Ready! Move
In Today! All utilities Inc.
Starting Just \$125/wk.
Call Us Now: (212) 368-2685

100's Available, All Boroughs



Private Entry Bath Cooking
1 Person/2 Person \$125/wk/room rentals
Studios \$900/wk
212-697-3598

Manhattan & Bronx Rooms



Private rooms in apt. Fully equipped.
Start 150 wifi/cable included.
Move same day! • (212) 862-0030

LEGAL NOTICES

NOTICE IS HEREBY GIVEN
that a license, Number 1290697,
for Restaurant Wine has been
applied for by the undersigned
to sell Beer & Wine at retail in a
Restaurant under the Alcoholic
Beverage Control Law, at
39-23 Bell Blvd., Bayside,
NY 11361, for on-premises
consumption. Kenta Inc.

NOTICE IS HEREBY GIVEN
that a license, Number 1290759,
for On Premise Liquor has been
applied for by the undersigned
to sell Beer, Wine & Liquor at
retail in a Restaurant under the
Alcoholic Beverage Control Law,
at 156-16 Northern Blvd., Flushing,
NY 11352, for on-premises
consumption. N156ST F&B Inc.

NOTICE OF FORMATION
of Inkwell Advising, LLC.
Articles of Org. filed with
the Secy. of State of New
York (SSNY) on 11/01/2015.
Office location: New York
County. SSNY is designated
as agent of LLC upon
whom process against
it may be served. SSNY
shall mail process to the
LLC c/o 111 Barrow Street,
New York, NY 10014.
Purpose: any lawful activity.

NOTICE IS HEREBY GIVEN
that a license, Serial # 1290783,
for Liquor, Wine & Beer has been
applied for by the undersigned to sell
Liquor, Wine & Beer at retail under
the Alcoholic Beverage Control Law
at 579 Meeker Ave., Brooklyn, NY
11222. Kings County, for on premise
consumption. Dow Young Group 1 Inc.

metroCLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

ITEMS WANTED

CASH FOR DIABETES TEST STRIPS
Up to \$35/box! Payment Made SAME-DAY! We Receive Your Strips! Call Jenni for a Quote Today! 800-413-3479 www.CashForYourTestStrips.com.

JOBS**General Help Wanted**

Housekeepers Wanted
Experienced only, Hourly helpful. Flex schedules / weekends a must. 844-230-5727

Front Desk/Sec
Guard/Maintenance
Employment Opportunity
\$9-\$15 per hour. All Boroughs. (917)543-3496 / (917)587-9832

Guards Needed
\$9-\$18.50 hr. All Boros.
No exp nec. Call HR
844-202-8950

Looking for a Fresh Start for the NEW YEAR?
Industry Leader is Accepting Applications Previous Experience in Sales and/or Customer Service an Asset
However, We Train the Right Candidates
If Selected to Join the Team we provide Base Salary, Bonus Opportunities, Health Benefits, and Advancement Opportunity
Call 718-210-3639

Attendant / Front Desk
No exp nec/Must be 18+
No HSD/GED Required
Pay up to \$19.50
Call 347-791-5543

DRIVER'S
Excellent Salary + Comm + tips. Hiring all 5 Boro's and Long Island. Will train.
#(929)423-0407

PSYCHICS**Mr. SAIDOU**

International Spiritualist Medium & Psychic
Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc.
Results in 7 Days Guaranteed.

Call 516-206-8543 and 646-339-9948
www.spiritualsaidou.com



Mr. SHAMAN
Are you suffering for love? are you tired of calling and never get a call back from that special person you love? Is your love one ignoring you or neglecting you?

Guaranteed Results
CLIENT TESTIMONIALS:

1-I was getting crazy with a woman much younger than me but she didn't like me, I decided to see Mr. Shaman and then she came to me Thanks a lot God bless you.

2- I had a boyfriend much younger than me and he took all my money, he ruined my life but thank to Mr. Shaman I got over and I got my money back and I made him pay for what he did to me.

CALL NOW (347) 4745886
I HELP WITH

Luck and money problems clean black magic spells get protection from enemies Court and legal problems
REMOVE EVIL SPELLS
from homes, business or persons
All Religions are Welcome



MR. SHEIKH SALEEM
6th Generation of African Medium
I CAN HELP YOU OUT OF DESPAIR - 7 DAY RESULTS

LOVE SPECIALIST • REUNITE LOVERS, EVEN HOPELESS CASES
BUSINESS SUCCESS • RELEASE FROM SPELL
CLEAR NEGATIVITY • STRONG VOODOO • BLACK MAGIC
COURT ISSUES • FAMILY PROBLEMS • DRUGS
CAREERS • EXAMS • GAMBLING • LUCK • PROTECTION
IMPOTENCY / INFERTILITY & MORE.

Call 917-254-6647
www.africanmedium.com

metro CLASSIFIEDS To place an ad call 866-900-9473 or visit us at www.metro.us

PSYCHICS

AFRICAN PSYCHIC
Love **MR KALLO** Love
Guru Expert

Call for 1 FREE QUESTION

39 YEARS EXPERIENCED * HE WILL BRING BACK LOVED ONES. CALL ME ONCE, YOU WILL NOT BE DISAPPOINTED

He can Help you in Problems: Marriage, Court case, Business, Depression, Bond Families, Stop Divorce, Stress Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy

NO MORE PAIN, NO MORE DISSAPPOINTMENT, MEET LOVE MASTER TODAY & GET SOLUTIONS

MEET ONCE & FILL HAPPINESS IN YOUR LIFE BROOKLYN (NY)

QUICK RESULTS 347-529-0591
100% GUARANTEE 929-280-7307

WORLD RENOWNED POWERFUL SPIRITUALIST & HEALER

PANDITH: PAVAN

Today is your day to let go of All Negative things

I AM THE KEY TO YOUR SUCCESS
EXPERT IN READING PAST PRESENT * FUTURE

Solves Problem Like
Depression, Love, Job, Money, Business, Jealousy, Husband & Wife, Blockage etc.

I WILL REMOVE & DESTROY, BAD LUCK, WITCHCRAFT, OBEAH, JADOO, VOODOO, BLACK MAGIC, PERMANENTLY
Worrying is wasting energy on the things you can't control Leave everything in my hand
RESULTS BETWEEN 3/9 DAYS

646-461-0874
104-12, 115th St, S. Richmond, NY-11419, (Pvt Home/office)

ASTROLOGER PSYCHIC & SPIRITUAL HEALER
GOVINDA SWAMY



PANDITH IS AN EXPERT IN
REMOVING BLACK MAGIC, SPELL, EVIL SPIRITS, VOODOO, OBEAH, CURSE, EVIL EYE, SICKNESS, FAMILY PROBLEMS, JOB, MONEY, DEPRESSION, LOTTERY, BAD HABITS, CHILDREN PROBL.
EXPERT IN BRINGING LOVED ONES BACK

FREE READING ON EVERY MONDAY
Quick Results in 8 Days
ALL FAITHS & RELIGIONS WELCOME

718-530-8905

ASTROLOGER & PSYCHIC
SPIRITUAL ADVISOR
GURU LAXMAN



FREE READING TUESDAY
ALL RELIGIONS WELCOME
PAST, PRESENT & FUTURE READINGS, SOLUTIONS FOR: HEALTH, RELATIONSHIP, LOVE, MONEY, JOB, BUSINESS, CHILDREN PROBLEMS etc.
REMOVAL OF BLACK MAGIC, EVIL SPIRITS, VOODOO, OBEAH, WITCHCRAFT, JEALOUSY, CURSE

BRINGING LOVED ONES BACK

718-501-1161
258 UTICA AVE, BROOKLYN



PROFESSOR KAMOULA
48 YEARS EXPERIENCE
African Spiritual • Healer & Clairvoyant

God Gifted Psychic.
Specialized in all matter: Relationship, Marriage, Loved Ones, Fidelity, Luck & Black Magic, Protection, Family, Business, Exams, Court Cases, Addiction, etc...
Quick Results 100% Guaranteed!

CALL 646.887.4749

POWERFUL AFRICAN SPIRITUAL READER

Highly gifted and powerful, spiritual healer fluent in English and French

All matter of life issues, Personal growth guidance and charity in finance, love, career, black magic and more.

CALL MR TASLIMY AND GET HELP 917-385-9382

Kalimata Astrological Reader
Pandit: SANJEEV BABAJI



BORN TO SERVE PEOPLE

GENERATION TO GENERATION

Are you Suffering from Problems like: Love, Marriage, Relationship, Business, Sexual, Enemy, Court, Jealousy Etc ?
Meet me...I will Remove & Destroy Bad Luck, Witchcraft, Obeya, Jadoo, Voodoo, Black Magic, Butu & Protects you

Brings Loved ones Back
Private & Confidential
347-445-4269
107-11 Avenue, 120th Street
Richmond Hill NY 11419
PRIVATE HOUSE

WORLD FAMOUS ASTROLOGER & SPIRITUALIST

PANDIT: RAMAN SHASTRY



Are you disappointed meeting astrologers & not getting solutions then meet once.

• Marriage Problems • Business Problems
• Spiritual Problem • Money Problems
• Sexual Problems • Family Argument
• House Problems • Love Problems
• Worried about loved one • Enemy Problems
• Husband Wife Problems • Jealousy

REMOVAL OF BLACK MAGIC
OBEYA, VOODOO, EVIL SPIRITS
FOREVER. HAVE A PEACEFUL LIFE

347-341-2541
103-02 Lefferts Blvd.
S. Richmond Hill
NY 11419 (Private House)

MR. AMIN AFRICAN
SPIRITUALIST AND LIFE COACH

Specialize in love, infidelity, marriage, family issue, jealousy problem, court case, success in career or business. Remove black magic, witchcraft, voodoo and offer self protection from enemies, home or real state. Private and confidential 5 days result.

Call now 646-330-7205



SERIGNE
Spiritual Healer & Coach

Bring back loved one, stopped infidelity in Relationship, marriage, fixed Domestic, issues, job, success in business, court case, removed bad luck, witchcraft, black magic. Stop enemy & offer protection. Results in 7 Days!
917-679-1518
OR 646-590-9495
SpiritualRestore.com



SHEIKH MANSOUR
International Spiritual Healer With Born Gifted Power Experience
Supernatural gifted man who can help you both internal and external matters in marriage, love, court, business, luck, gambling, Protection, etc.

Expert in all occultic human problems.
Only one visit will lead you right away!
Call 347-261-0226



metro.us/games

fill-ins

Place all the words listed into the grid. Each word can be used once only. The first word has been filled in.



5 Letters

Alike
Amble
Amuse
Blast
Bribe
Dirty
Eking
Emery
Every
Hello
Lapel
Later
Longs
Lover
Olden

Order

Pixie
Pulse
Purge
Recap
Reels
Shred
Snubs

Sober

Soppy
Sport
Spout
Tents
Terms
Ulcer
Unite

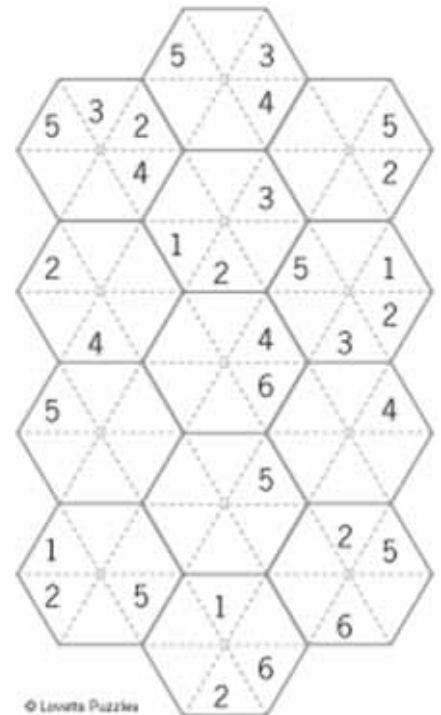
Vixen

7 Letters

Enlarge
Espouse
Nominee
Ravioli

hexoku

Fit the numbers 1 to 6 into each hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any hexagon.



© Lovetta Puzzles

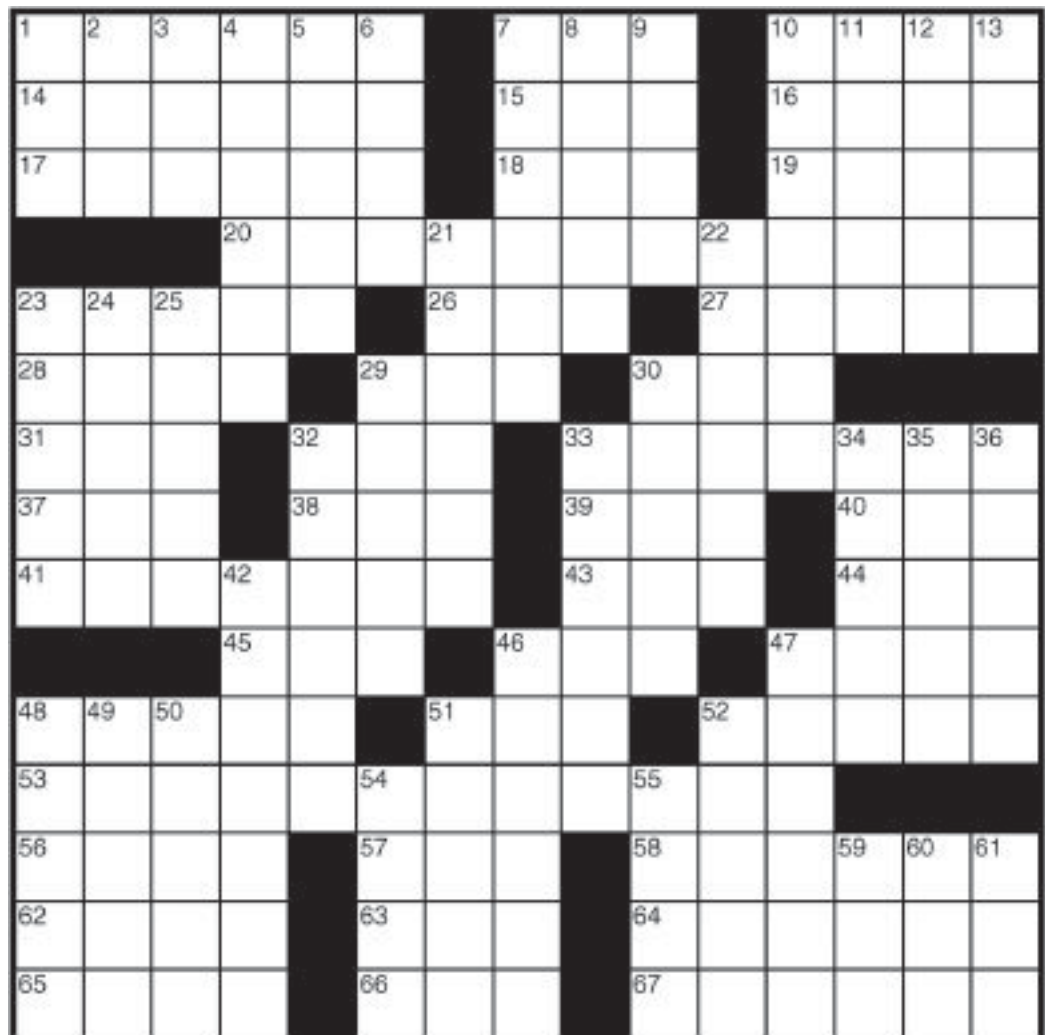
metro.us/crossword

Across

1 Street divider
7 Internet suffix
10 Told a whopper
14 Chocolate dessert
15 Fragrant tree
16 MIT grad
17 Natural
18 Gulf st.
19 Mystique
20 Big picture (2 wds.)
23 Heist, slangily
26 Wk. day
27 Oven gloves
28 Slow time
29 Angkor —
30 It may blow hard
31 Wyo. neighbor
32 In honor of
33 Paper-folding art
37 Andy Gump's wife
38 — Wiedersehen
39 Family mem.
40 Beauty pack
41 Spools
43 "— Rheingold"
44 Pizarro's quest
45 Advanced deg.
46 "I saw a mouse!"
47 Two-way
48 One-celled plants
51 Santa — winds
52 Bikini sporters
53 Cumulonimbus
56 Lecture
57 — Magnon
58 Pilot's position
62 Atlas dot
63 Mortar trough
64 Glamour
65 Flung
66 Have debts
67 Gave off fumes

1 2001, to Livy
2 Many many years
3 Hassle a debtor
4 Ms. Sanford of TV
5 In a ferment
6 — -do-well
7 Compensate
8 Peeved
9 Like slate
10 Bugging off
11 Aleut language
12 Marsh stalker
13 Selects a card
21 Overshadows
22 PC messages
23 Shiny
24 Broadcast portion
25 Fallback strategy (2 wds.)
29 Snaked around
30 Like some accidents
32 Conked out
33 Nightmare
34 "My Cherie —" (Stevie Wonder tune)
35 Fresco
36 Goddesses' statues
42 Bed covering
46 Make unreadable, for security
47 Toy with
48 Upper room
49 Tibet's capital
50 Beach scavengers
51 Silent projectile
52 Deceitful cunning
54 Canyon reply
55 Gen. — Bradley
59 Puffin kin
60 Umbrage
61 Flaming

FOR THE ANSWERS
TO TODAY'S PUZZLES,
metro.us/games





metro.us/horoscopes

- Aries** Save for a rainy day and do your best to put your financial affairs in order. Prepare to head into the upcoming year free from problems.
- Taurus** Spend time with the people you enjoy being with most. Lend a helping hand to groups in your community geared toward helping the elderly.
- Gemini** A change regarding your position may cause concern. Jump from one thing to another to ensure that you don't lose momentum financially.
- Cancer** Everything will work in your favor if you go about your business. Picking up items that will enhance your looks should be on your agenda.
- Leo** You know what's best for you, and anyone trying to curtail your freedom or your ability to advance must be put in his or her place.
- Virgo** Getting together with people who share the same concerns or interests will enable you to explore new ventures or prospects.

- Libra** Scan the want ads or online job postings in order to discover something of interest. An energetic activity will help you ease stress.
- Scorpio** Share your thoughts and follow through with a plan. Preparing for the end of a year can be daunting if you leave everything to the last minute.
- Sagittarius** Use moderation in all that you do. Distance yourself from emotional melodramas. Help others, but don't make unrealistic promises.
- Capricorn** Partnerships and tactics will decide your future. If you broaden your outlook, share your innovative ideas and step up to the plate.
- Aquarius** Questionable situations will have to be dealt with carefully. Do your research and don't depend on others to come up with solutions.
- Pisces** Personal improvements will help you gain the confidence needed to head in a direction that you only dreamed about in the past. **EUGENIA LAST**

metro.us/sudoku

easy

6		1	9					
4			3					
		2	5		6			1
				2		8	6	
8	4	6		3		7	2	9
	2	9		4				
9			2		3	1		
					1			8
					7	4		5

hard

			3	1	5			
		6		9		8	1	
			6				3	9
	7	8			3		6	
	1						9	
	4		5			7	2	
8	6				9			
	9	2		3		4		
			2	7	4			

metro.us/truthfacts



BY WULFF & MORGENTHAUER

metro.us/quiz



metro As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • **Metro New York** 120 Broadway, New York, NY 10271 • **main** 212-457-7790 • **to advertise** 212-457-7735 • **sales fax** 212-952-1505 • **Associate Publisher** Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Will Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Frank Burgos, frank.burgos@metro.us • **Managing Editor** William Gorta, william.gorta@metro.us • **National News Editor** Morgan Rousseau, morgan.rousseau@metro.us • **Web Editor** Cristabelle Tumola, cristabelle.tumola@metro.us • **Art Director** Julianne Aerts, julianne.aerts@metro.us • **Features Editor/Style Editor** Tina Chadha, tina.chadha@metro.us • **Film Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Going Out Editor** Eva Kis, eva.kis@metro.us • **Travel Editor** Rachel Vigoda, rachel.vigoda@metro.us • **Careers/Education/Dating Editor** Raquel Laneri, raquel.laneri@metro.us • **National Sports Editor** Matt Burke, matt.burke@metro.us

Certified Audit
CAC
by Circulation Audit

40%-50% OFF
HANDBAGS & WALLETS
Reg. 53.50-249.50. **Sale 32.10-149.70.**
From Rampage and our Giani Bernini and Style & Co.



40% OFF
DESIGNER WOOL-BLEND & PUFFER COATS
Reg./Orig.* \$250-\$400. **Sale \$150-\$240.**
From Betsey Johnson (★ WebID 2216408) & more. Misses. Women's prices slightly higher.



SALE 69.99
LUXURIOUS CASHMERE
Reg. \$195. **Only at Macy's.**
Club Room V-neck & crewneck cashmere sweaters. ★ WebID 1500399.



40% OFF
KIDSWEAR
Reg. \$16-\$40. **Sale 9.60-\$24.**
Hoodies, long-sleeve tops, sets & more from Star Wars, Carter's®, our First Impressions & Rare Editions & more. Boys' 2-20; girls' 2-16; infants' 3-24 mos.



30% TO 50% + EXTRA 10% OFF
SELECT FINE JEWELRY
Reg. \$200-\$8,000. **Final Cost \$90-\$5040.**
Diamonds, gemstones, 14k gold & more.



SALE 59.99-99.99
BOOTS & BOOTIES FOR HER
Reg. \$69-\$129. From our Thalia Sodi (★ WebID 2424801), G by Guess (★ 2471085), Bandolino (★ 2237630) & more.



50% + EXTRA 10% OFF
TRAVELPRO LUGGAGE
Reg. \$200-\$380. **Final cost 89.99-170.99.**
Walkabout luggage collection. ★ WebID 1221484.



ONLY \$66
CLINIQUE 7-PC. SET
Great Skin Everywhere, a \$90 value. ★ WebID 2459756. **This item is not on sale & Macy's Card/pass discount doesn't apply.**



LAST 3 DAYS! FRIENDS & FAMILY SALE

NOW-THURSDAY, DECEMBER 10

SAVE ON THE DESIGNERS THAT RARELY GO ON SALE + EXTRA SAVINGS ON SPECIALS!

USE YOUR MACY'S CARD OR THIS PASS DURING MACY'S FRIENDS & FAMILY SALE

TAKE AN EXTRA
25% OFF
STOREWIDE

FRIENDS & FAMILY NOW-THURS, DEC. 10, 2015
SAVINGS OFF REGULAR, SALE & CLEARANCE PRICES

Excludes: Everyday Values (EDV), cosmetics/fragrances; athletic apparel, shoes & accessories; Breitling, Jack Spade, Kate Spade, Samsung watches, Tag Heuer, Tempur-Pedic, The North Face, Tumi, products offered by vendors who operate leased departments in any of our stores including: Burberry, Dallas Cowboys merchandise, Gucci, Longchamp, Louis Vuitton, maternity, New Era, Nike on Field. Not valid on: Macy's Backstage merchandise/locations, gift cards, gourmet foods, jewelry trunk shows, payment on credit accounts, previous purchases, restaurants, select designer jewelry, watches, special orders, services, wine. Cannot be combined with any savings pass/coupon, extra discount or credit offer, except opening a new Macy's account. **EXTRA SAVINGS % APPLIED TO REDUCED PRICES.** Only one promo code may be used per transaction. Additional exclusions apply online, see macys.com/friend. Friends & Family discount code valid online Dec. 1-Dec. 10, 2015. **Promotional code for macys.com: FRIEND**

OR, TAKE AN EXTRA 10% OFF
ELECTRICS/ELECTRONICS,
FURNITURE, MATTRESSES &
RUGS/FLOOR COVERINGS

★ macy's



00034409000319313107

BUY ONLINE, PICK UP IN-STORE IT'S FAST, FREE AND EASY! DETAILS AT MACYS.COM/STOREPICKUP
FREE SHIPPING ONLINE & FREE RETURNS FREE SHIPPING WITH \$99 PURCHASE. U.S. ONLY. EXCLUSIONS APPLY; SEE MACYS.COM/FREERETURNS



REG. & ORIG. PRICES ARE OFFERING PRICES & SAVINGS MAY NOT BE BASED ON ACTUAL SALES. SOME ORIG. PRICES NOT IN EFFECT DURING THE PAST 90 DAYS. FRIENDS & FAMILY SALE PRICES IN EFFECT 12/2-12/10/15. MERCHANDISE WILL BE ON SALE AT THESE & OTHER SALE PRICES THROUGH 1/2/16, EXCEPT AS NOTED. *Intermediate price reductions may have been taken. Jewelry photos may be enlarged or enhanced to show detail. Fine jewelry at select stores; log on to macys.com for locations. Almost all gemstones have been treated to enhance their beauty & require special care, log on to macys.com/gemstones or ask your sales professional. Extra savings taken off already-reduced prices; "final cost" prices reflect extra savings. Advertised merchandise may not be carried at your local Macy's & selection may vary by store. Prices & merchandise may differ at macys.com. Luggage carries a mfr's warranty; to see a mfr's warranty at no charge before purchasing, visit a store or write to: Macy's Warranty Dept., PO Box 1026 Maryland Heights, MO 63043, attn: Consumer Warranties. N5111124

OPEN A MACY'S ACCOUNT FOR EXTRA 20% SAVINGS THE FIRST 2 DAYS, UP TO \$100, WITH MORE REWARDS TO COME. Macy's credit card is available subject to credit approval; new account savings valid the day your account is opened and the next day; excludes services, selected licensed departments, gift cards, restaurants, gourmet food & wine. The new account savings are limited to a total of \$100; application must qualify for immediate approval to receive extra savings; employees not eligible.